

A classical painting depicting a woman reclining on a rocky shore, surrounded by several cherubs flying around her. The scene is set against a blue sky and a dark sea. The woman is the central figure, lying on her side, looking towards the sky. The cherubs are in various poses, some holding objects, and appear to be celebrating or announcing something. The overall style is characteristic of the High Renaissance or Baroque period.

**FETAL CELLS & FF DNA
IN MATERNAL BLOOD:**
the new era of prenatal diagnosis

GC DI RENZO, MD, PhD, FRCOG, FACOG

University of Perugia, Italy

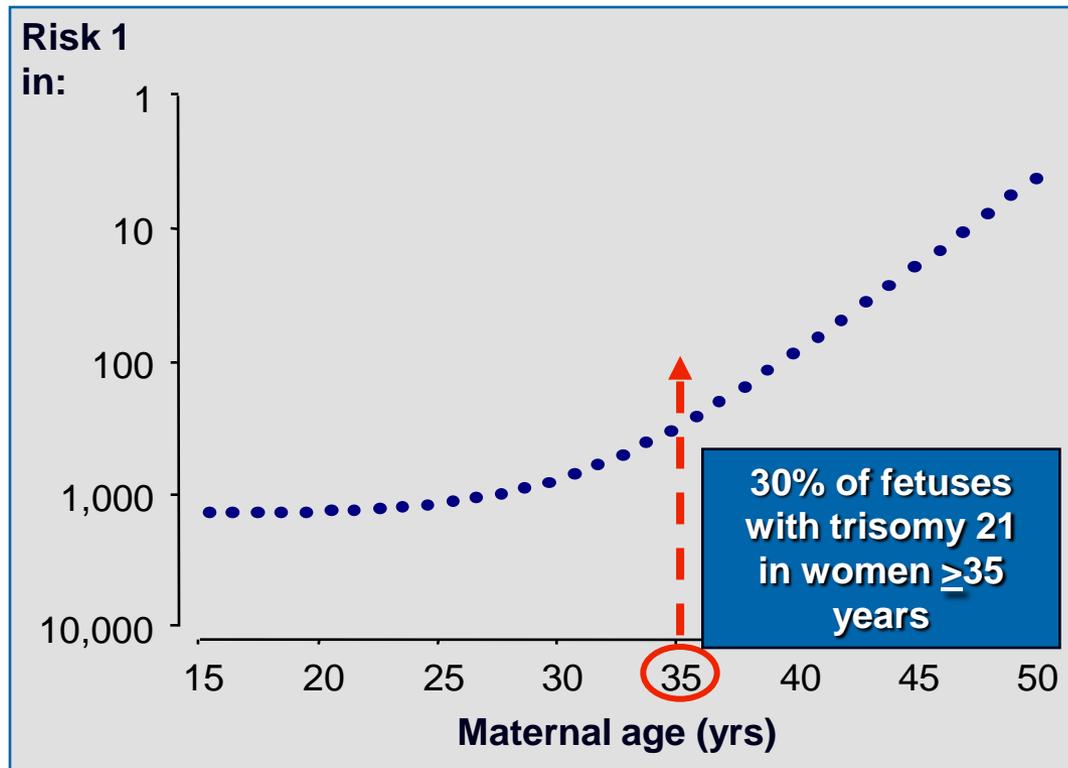
Prevalence of Trisomies 21, 18, 13

Trisomy Type	Condition Name	Frequency
Chromosome 21	Down syndrome	1 in 700 live births
Chromosome 18	Edwards syndrome	1 in 5,000 live births
Chromosome 13	Patau syndrome	1 in 16,000 live births

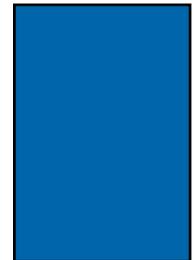
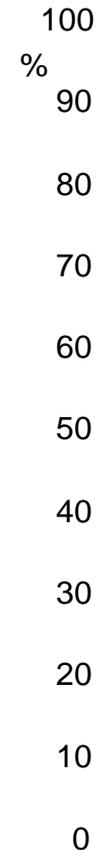
1970s

Screening for aneuploidies

Maternal age



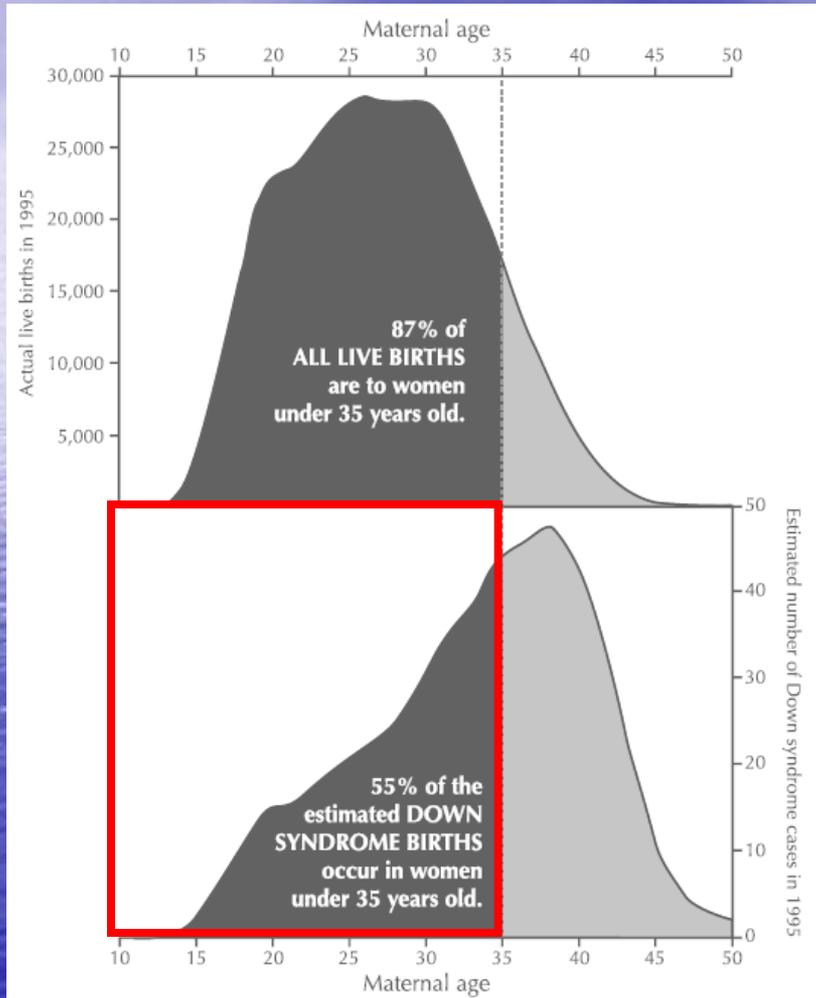
Detection rate for FPR 5%



In **one-third** of the Mongolian imbeciles in institutions the mothers were at the time of gestation approaching the climacteric period.

Shuttleworth GE. Mongolian imbecility. *Br Med J* 1909;2:661-5

Importance of Screening All Pregnant Women

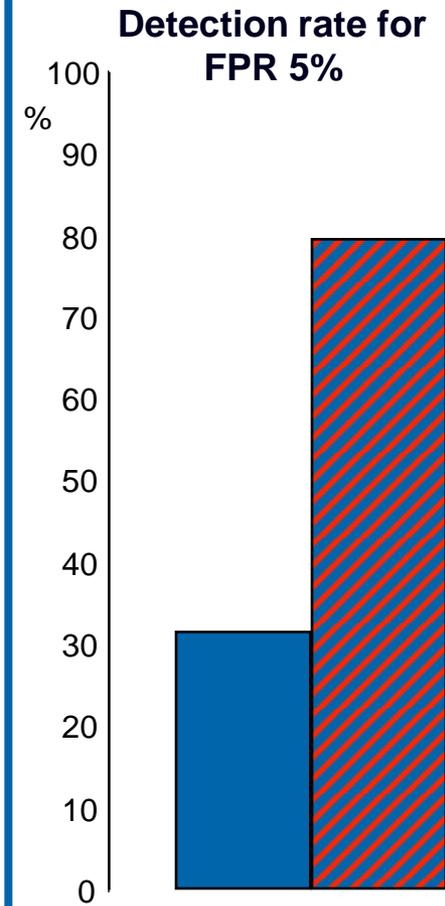
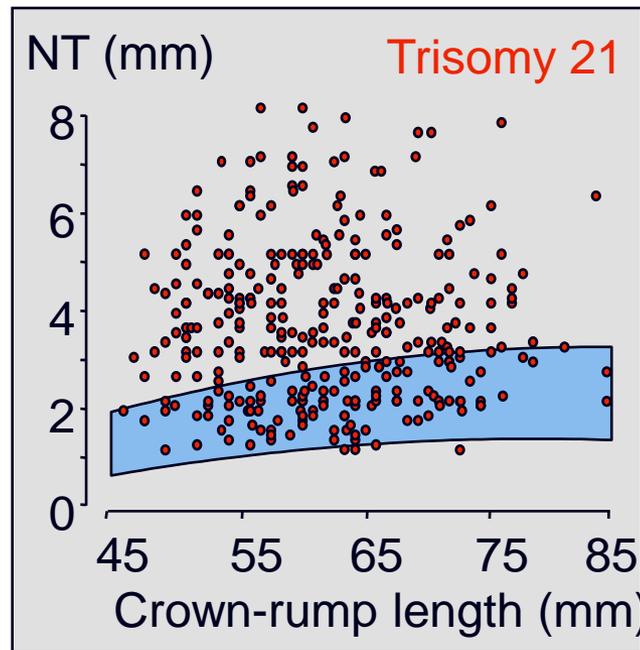


Majority of babies born with Down syndrome are in women under 35 years old

1990s

Screening for aneuploidies

Maternal age and fetal nuchal translucency



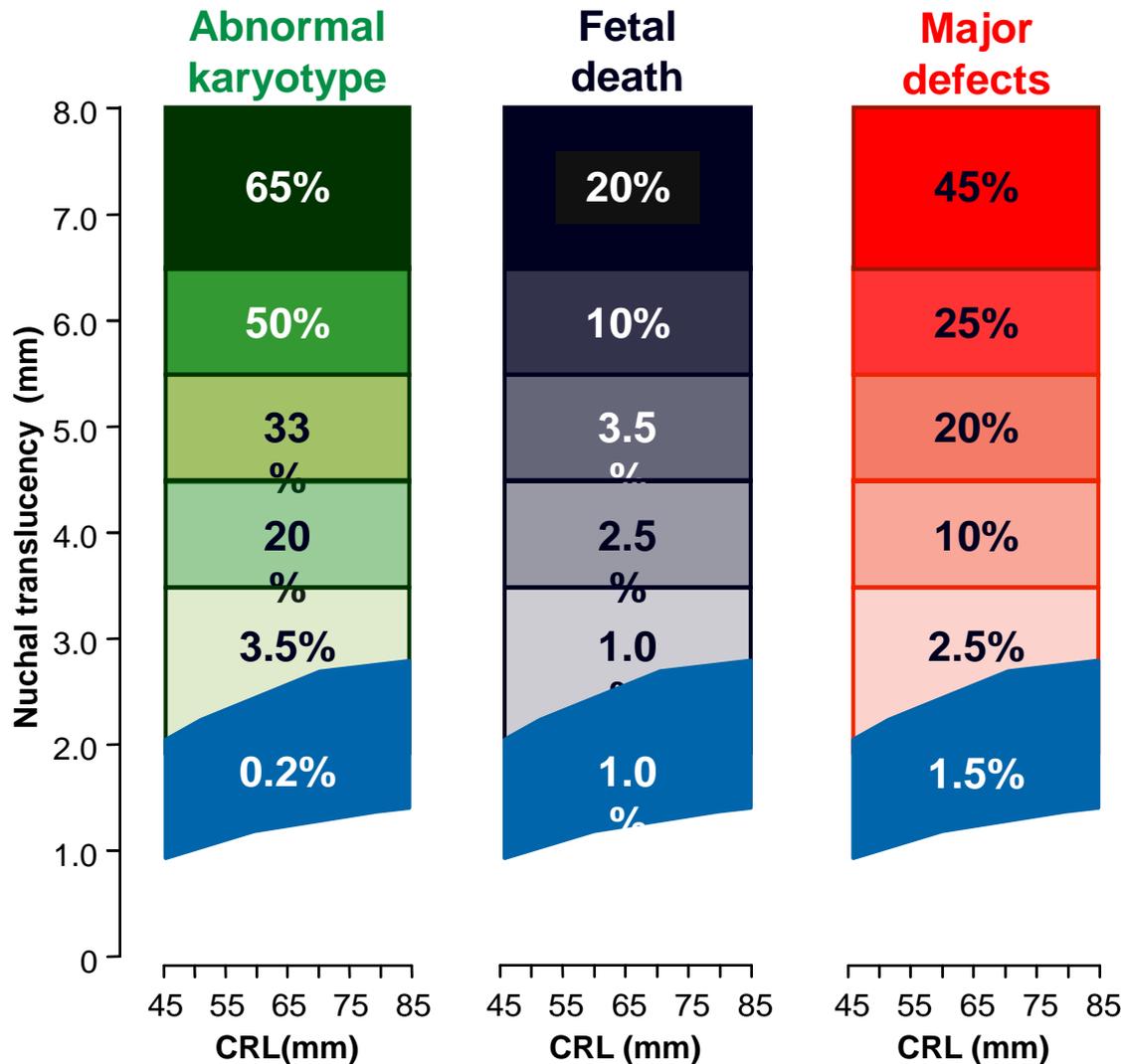
THE LANCET 1998;352:343-6.

Snijders RJ, Noble P, Sebire N, Souka A, Nicolaides KH

Assessment of risk of trisomy 21 by maternal age and fetal nuchal-translucency thickness

96,127 singleton pregnancies, including 326 cases of trisomy 21: DR 77% for FPR 5%

Implications of increased NT



- Cardiac defects
- Lethal skeletal dysplasias
- Diaphragmatic hernia
- Exomphalos
- Megacystis

- Akinesia deformation sequence
- Spinal muscular atrophy

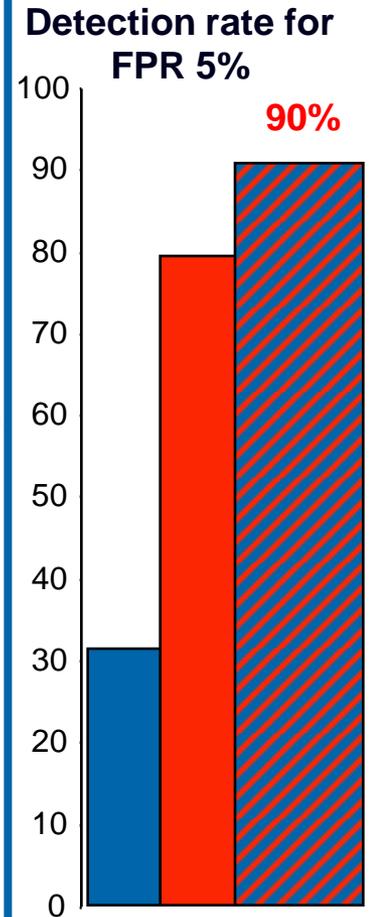
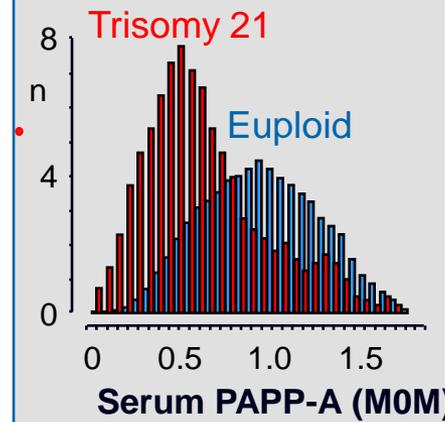
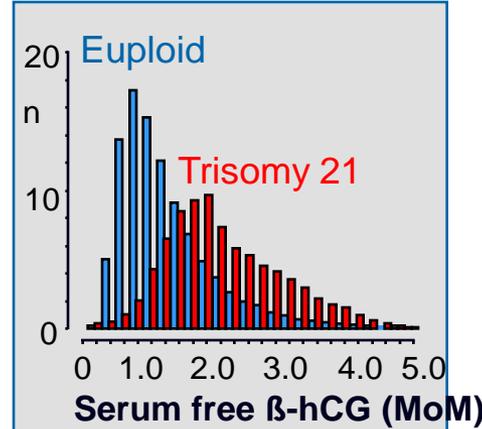
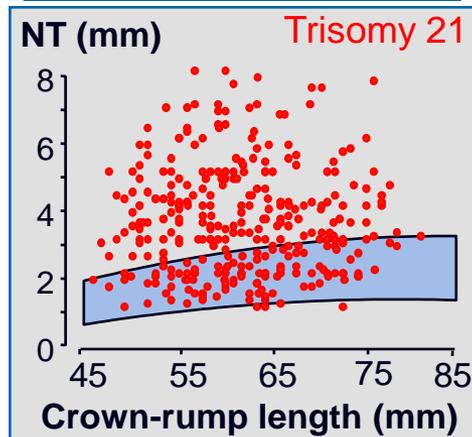
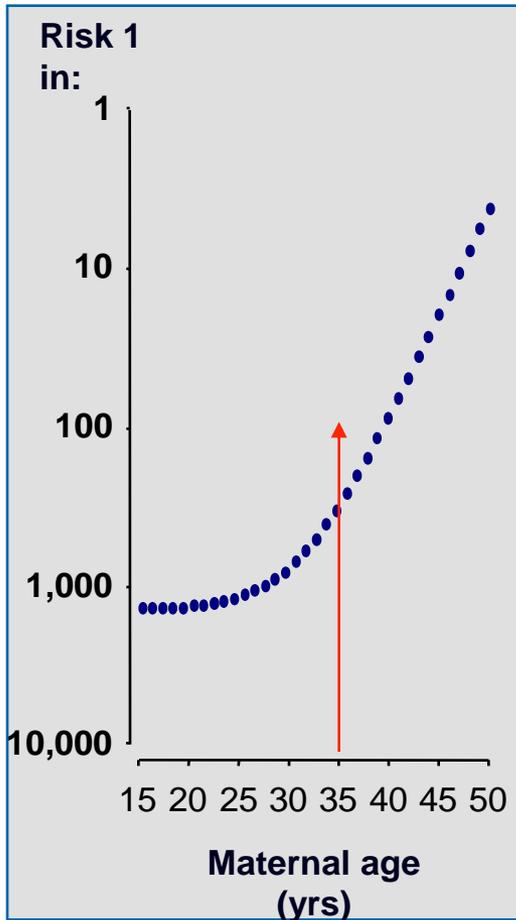
- Treacher-Collins syndrome
- Jarcho-Levin syndrome
- Beckwith-Wiedemann syndrome
- Smith-Lemli-Opitz syndrome
- Zellweger syndrome
- Noonan syndrome
- di George syndrome
- Congenital lymphedema

- Dyserythropoietic anaemia
- Thalassaemia-a
- Parvovirus B19 infection

2000

Screening for aneuploidies

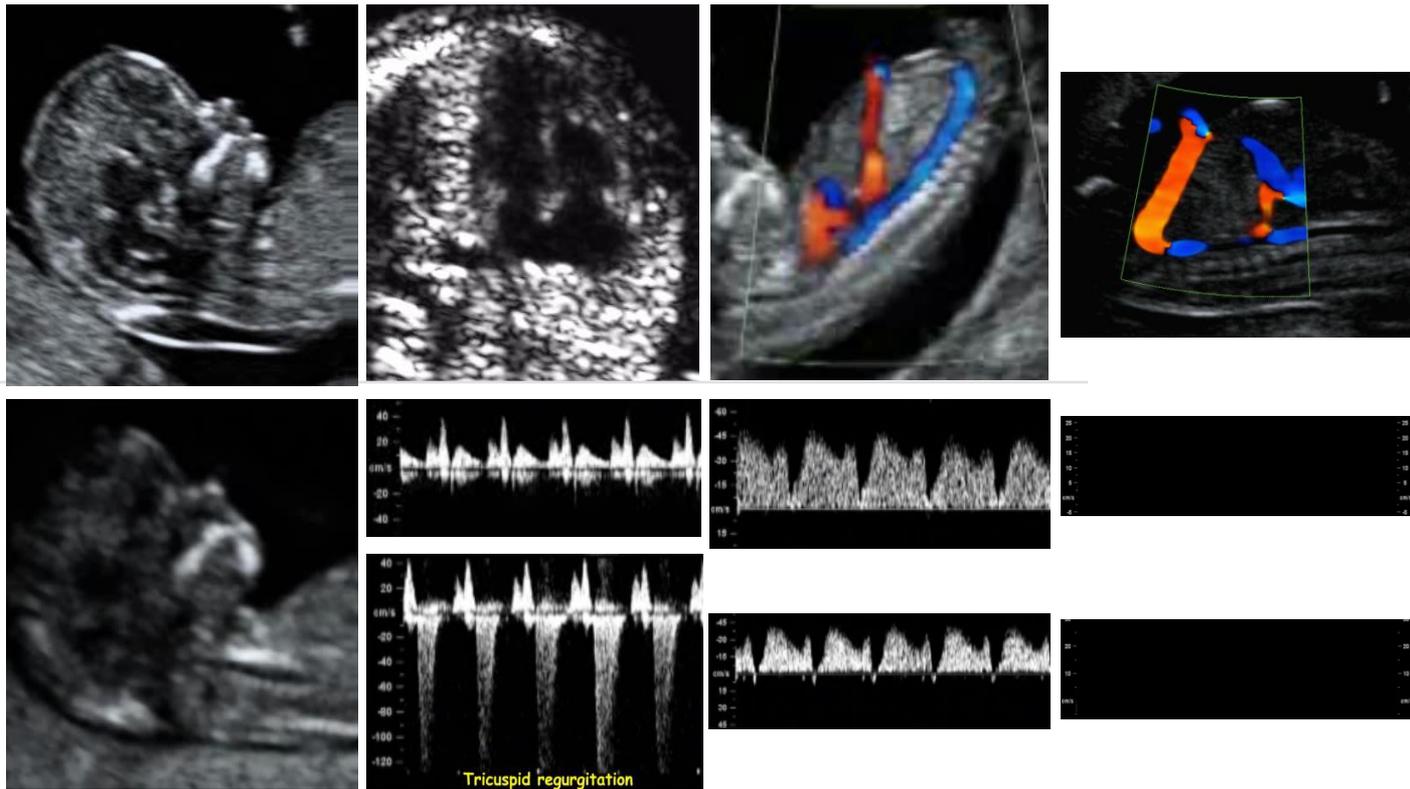
1st trimester combined test



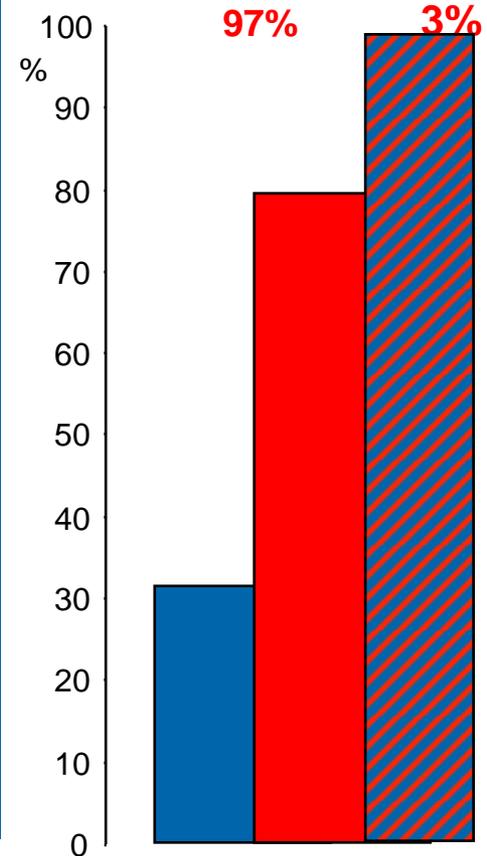
2000-10

Screening for aneuploidies

1st trimester combined test and additional US markers



Detection rate for FPR

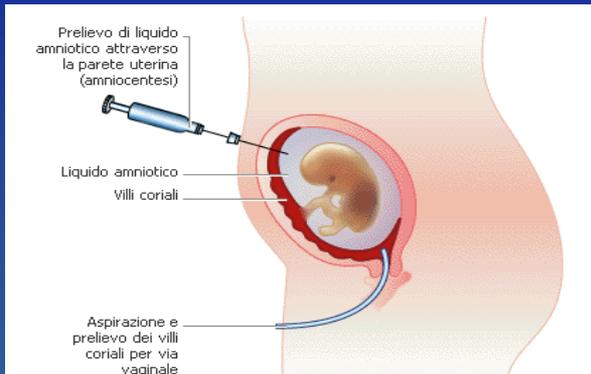


CURRENT PRENATAL DIAGNOSIS TOOLS



INVASIVE

Villocentesis
Amniocentesis
Cordocentesis



Offered to women at risk for:

- maternal age
- positive screening test
- chromosomal abnormalities
- previous affected child

NON INVASIVE

Ultrasound screening
Biochemical screening



Low sensitivity and specificity (< 100%)

Potential Limitations of Current Screening Tests

**High false positive
rate (5%)**

**Inconvenient
Multiple visits
Specialized
ultrasound**

**Late information
Prolonged
uncertainty**

Safety concerns



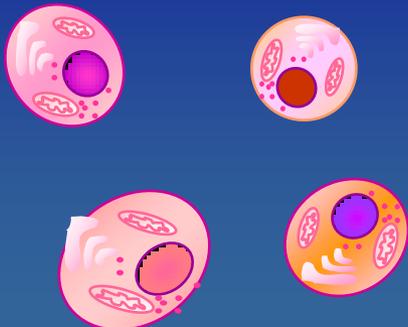
NEED TO DEVELOP NEW NON INVASIVE PRENATAL DIAGNOSTIC TESTS



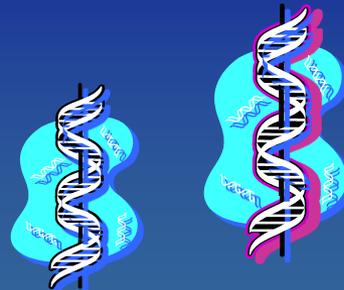
- ♦ SIMPLE
- ♦ EASY
- ♦ LEAST AGGRESSIVE
- ♦ LEAST ANXIOUS
- ♦ MORE SENSITIVE
- ♦ MORE SPECIFIC

NEW APPROACHES

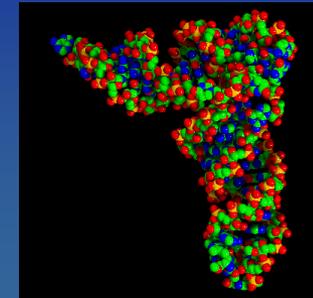
FETAL CELLS
IN MATERNAL BLOOD



FREE FETAL DNA
IN MATERNAL BLOOD



FREE FETAL RNA
IN MATERNAL BLOOD





KEY BIOLOGICAL QUESTIONS

- ✓ Which is the ideal fetal cell type for a non invasive prenatal diagnosis?
- ✓ Which is the frequency of fetal cells in maternal blood?
- ✓ Which are suited laboratory approaches to enrich and to purify fetal cells in maternal blood?
- ✓ Are fetal cells always present in maternal blood during gestation?
- ✓ Are the fetal cells, isolated from maternal blood, sufficient for genetic diagnosis?
- ✓ Which is the best timing to retrieve fetal cells from maternal blood?

FETAL CELL TYPES IN MATERNAL BLOOD DURING GESTATION

Studies on fetal blood obtained by cordocentesis have been able to strengthen the knowledge of the composition and development of fetal blood component throughout pregnancy

- ✓ **LYMPHOCYTES**
- ✓ **ERYTHROBLASTS**
- ✓ **TROPHOBLASTS**
- ✓ **HEMATOPOIETIC STEM PROGENITOR CELLS**
- ✓ **MESENCHYMAL STEM CELLS**



NUMBER OF FETAL CELLS



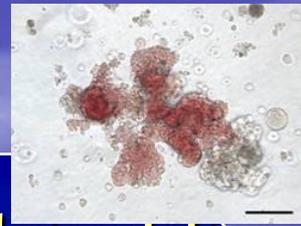
- **1 fetal cell/ 10^5 – 10^8 maternal cells**
(Price JO et al., 1991; Hamada H et al., 1993; Langlois S et al., 1993)
- **1 fetal cell/ ml of maternal blood**
(Bianchi D et al., 1997)
- **2 –6 fetal cells/ml maternal blood**
(Krabchi et al., 2001)
- **0 – 2 fetal progenitor cells/ ml maternal blood**
(Guetta et al., 2003)
- ✓ **Numerous studies demonstrated that in women carrying fetus with trisomy 21 or 13 and in pregnancies complicated by preeclampsia, the mean number of fetal cells increase in respect to normal pregnancies.**
(Holzgreve W et al., 2007)

TIME OF APPEARENCE OF FETAL CELLS IN MATERNAL CIRCULATION



- ✓ **After 40 days of gestation**
(Holzgreve W. et al., 1993)
- ✓ **From 4th week of gestation**
(Peault B et al., 2003; Lo YMD et al., 1996)
- ✓ **11 - 16 weeks of gestation**
(Ideal time for isolating fetal cells from maternal blood)

HEMATOPOIETIC STEM PROGENITOR CELLS (HSPCs)



- ✓ **Presence in maternal blood:** HSPCs are present in maternal circulation from 4th weeks of gestation whereas their concentration decrease after 20 weeks.
- ✓ **Identification:** CD34, CD133 monoclonal antibodies;
- ✓ **In vitro culture expansion** has been studied and proposed by Lo et al. (Lancet, 1994), Little et al. (Blood 1997) and Di Renzo et al. (Journal of Hematotherapy & Stem Cell Research 2000).
- ✓ **Frequency:** fetal/maternal cell ratio is 1 per 4.75×10^6 - 1.6×10^7 cells.

✓ Advantages:

- Clonogenicity;
- Increased clonogenicity in fetal blood during early 2nd trimester;
- Versatility to culture and to proliferate extensively in vitro.



✓ Work in progress:

- persistence in maternal blood after pregnancy: *solved*
- new fetal HSPCs markers : *working on*

**A NEW METHODOLOGY
OF FETAL STEM CELL ISOLATION,
PURIFICATION, AND EXPANSION:
PRELIMINARY RESULTS FOR
NON INVASIVE PRENATAL DIAGNOSIS**

Tilesi, Coata, Di Renzo et al.

**Journal of Hematotherapy & Stem Cell
Research 2000; 9: 583-590**

RESULTS

**An enrichment of
33 times of BFU-E/CFU-E and
16 times of CFU-GM colonies after
miniMACS CD34+ HSPCs purification
was obtained**

RESULTS

Results of FISH analysis with X and Y, 21 chromosome fluorescent probes in cultured cells

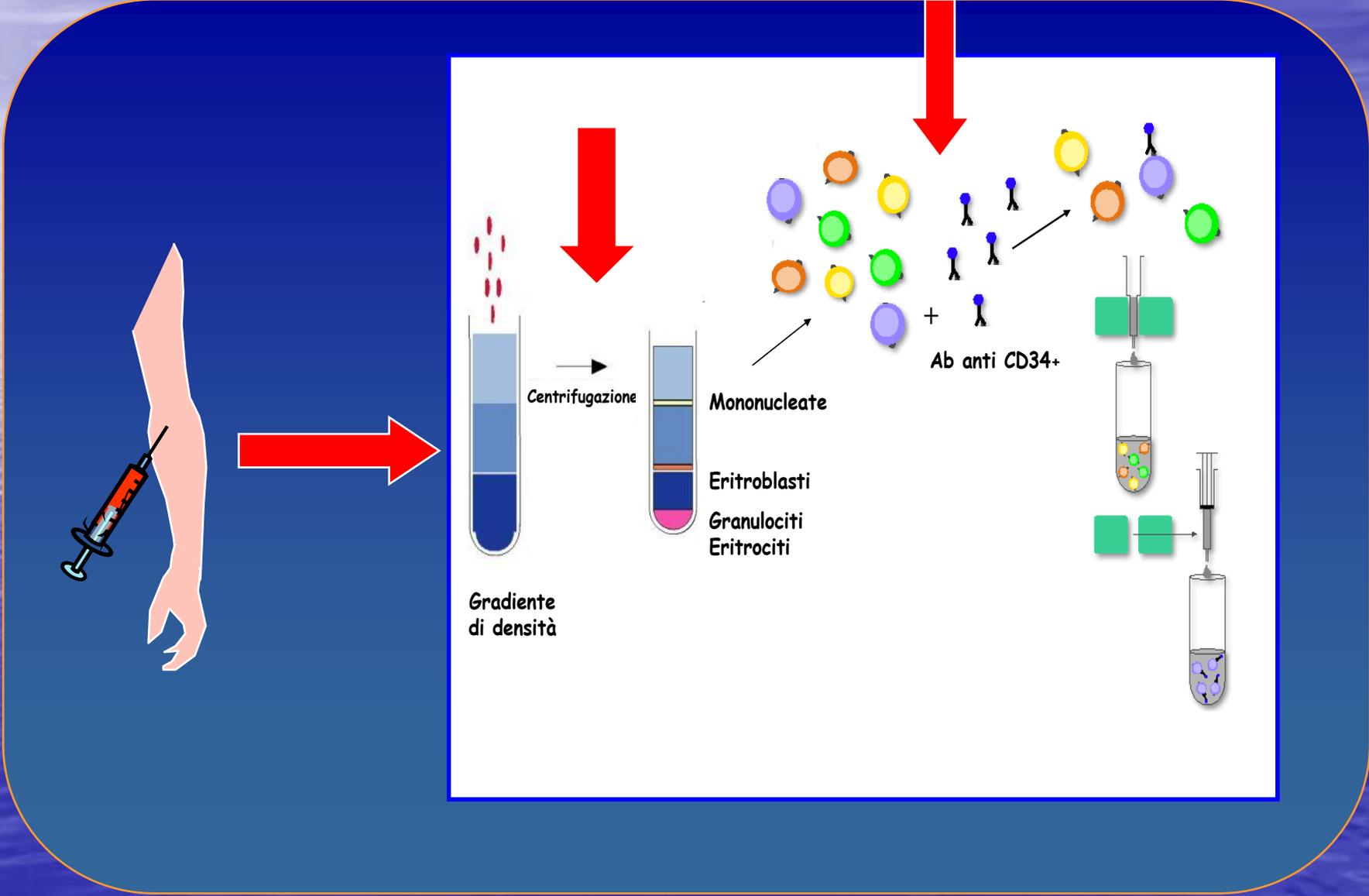
Slide Identific.	Fetal karyotype	Number examined cells by FISH	Number cells with XY signals	Number cells with Y signals	Number cells with trisomy 21 signals	Fetal/maternal cell ratio
*27	46, XY	669	5	-	-	1/133
19	46, XY	1433	6	-	-	1/238
†3	46, XY	570	-	11	-	1/52
4	46, XY	1050	-	4	-	1/262
°18	47, XX+21	659	-	-	19	1/34
15	47, XY+21	100	-	-	8	1/12

IN SUMMARY.....

THE **SAFE** (*SANGUE FETALE:*
FETAL BLOOD) TEST
IS COMPRISING THREE STEPS

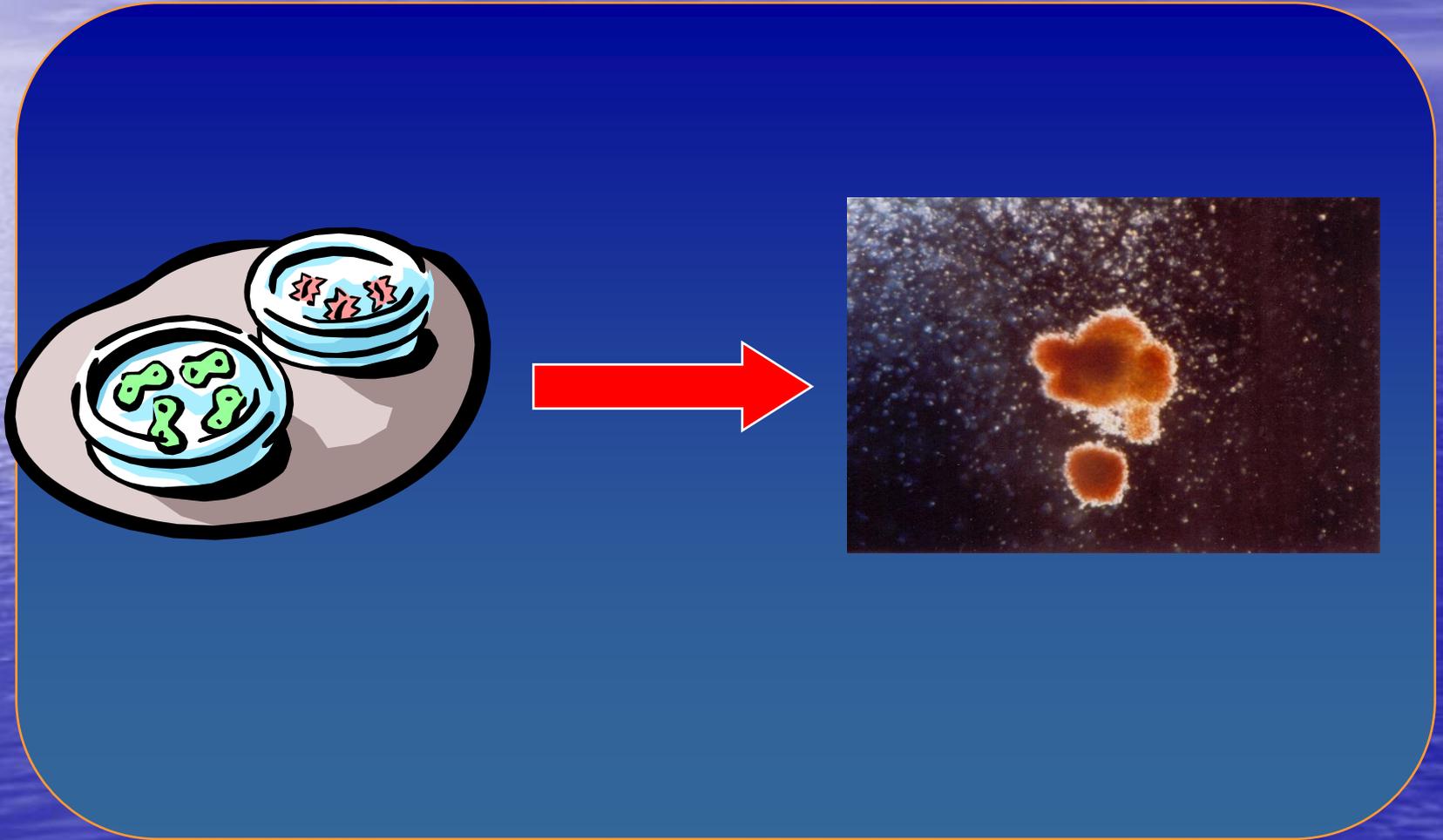
METHODOLOGY

Selection of stem cells CD34+



METHODOLOGY

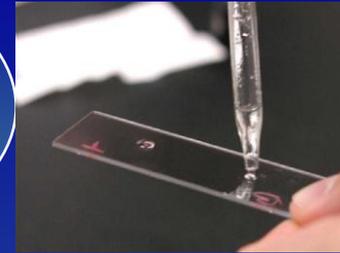
Expansion in vitro of CD 34+



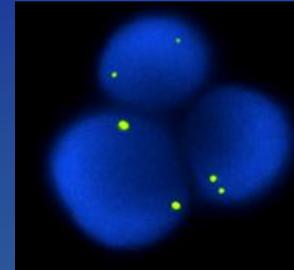
METHODOLOGY

Preparation of nuclei by dropping and FISH

Lisi cellulare mediante
soluzione ipotonica e
semina dei nuclei
mediante dropping



FISH



Reading



MOTORIZED MYCROSCOPE WITH AUTOMATED ACQUISITION SYSTEM

Microscope BX-61 Olympus with software BX-UCB Olympus



Objective changer

Motorized table
with 4 sides of
reading

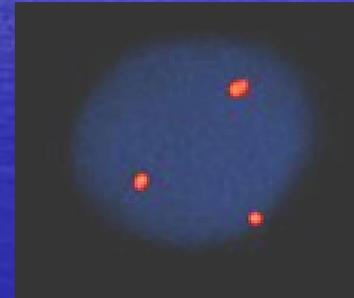
Fluorescence lamp
(100Watt) at high
pression of mercury

FISH PERFORMED BY USING LSI 21 PROBE FOR THE NON INVASIVE DIAGNOSIS OF FETAL TRISOMY 21

A



B



A and B: Frames obtained by using the automated microscope

A: Two disomic nuclei for the chromosome 21

B: Fetal trisomic nucleus for the chromosome 21

3

SAFE TEST: TRISOMY 21

3

1

2

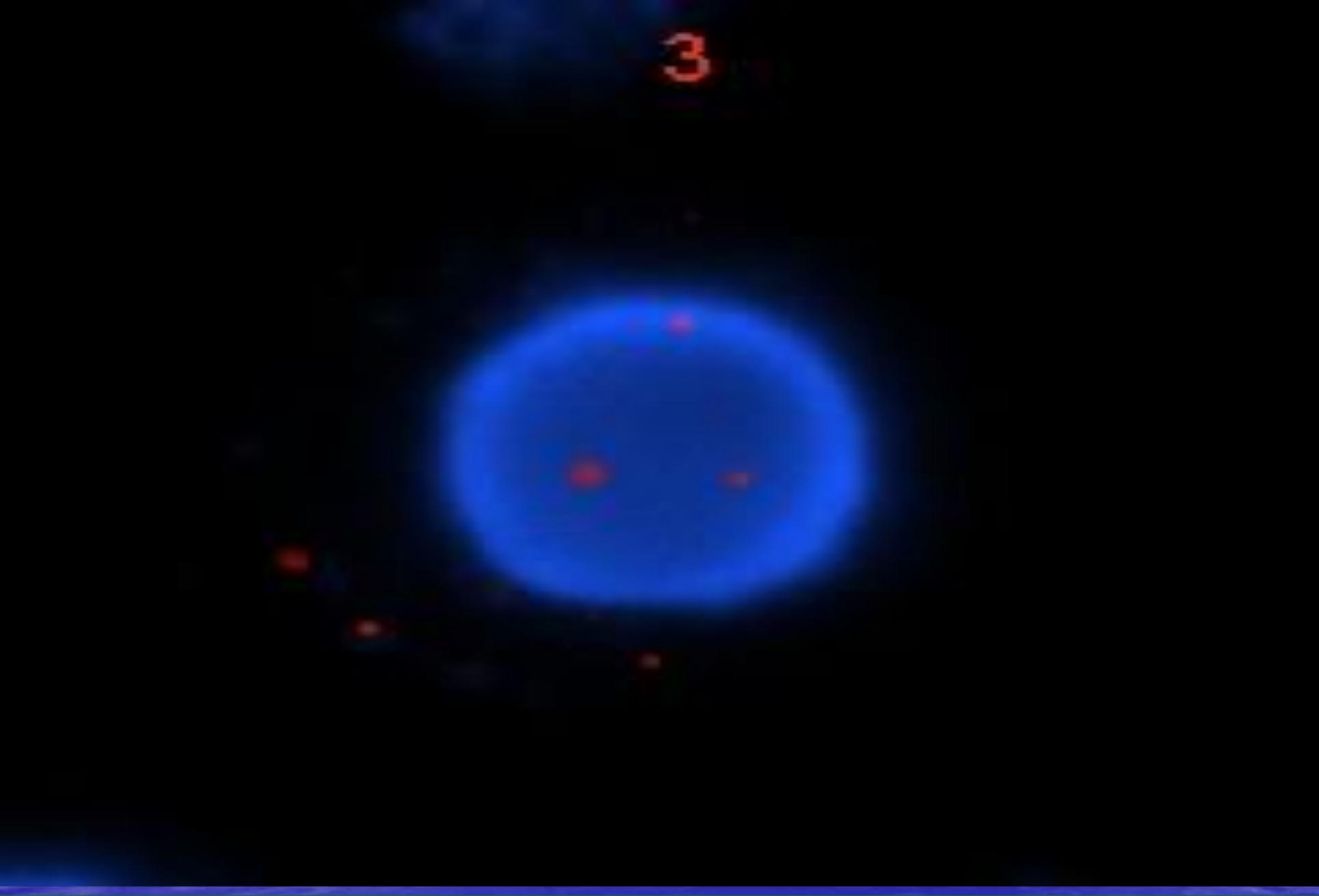
3

4

5

6

7

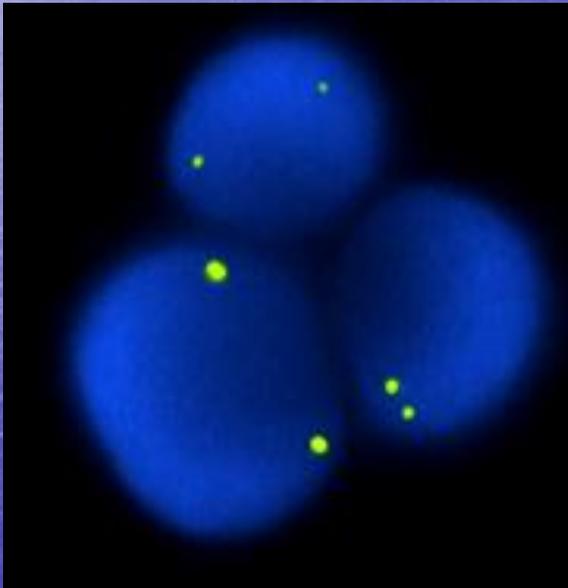


3

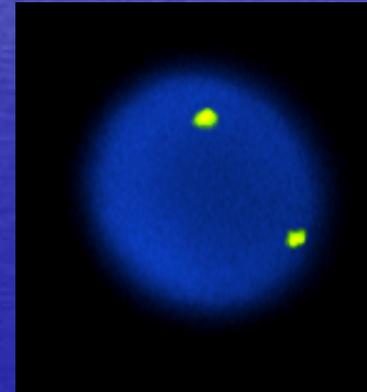
SAFE TEST: TRISOMY 21

FISH PERFORMED BY USING LSI 13 PROBE FOR THE NON INVASIVE DIAGNOSIS OF FETAL TRISOMY 13

A

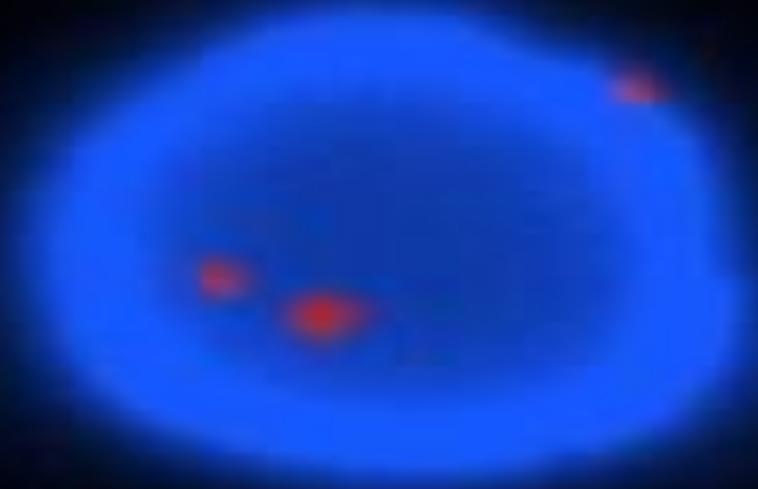


B



A and B: Frames obtained by using the automated microscope
A and B: Each nucleus showed is disomic for the chromosome 13

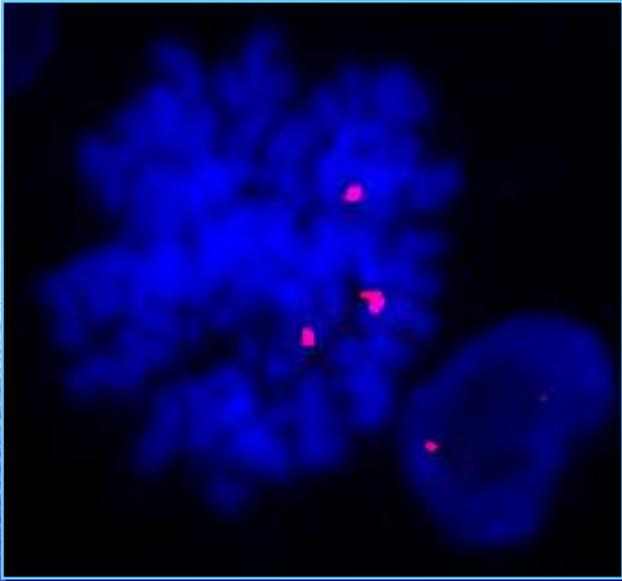
3



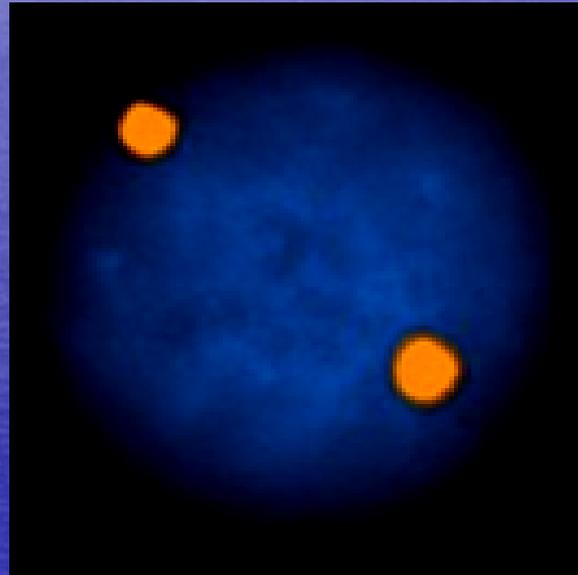
SAFE TEST: TRISOMY 13

FISH PERFORMED BY USING CEP 18 PROBE FOR THE NON INVASIVE DIAGNOSIS OF FETAL TRISOMY 18

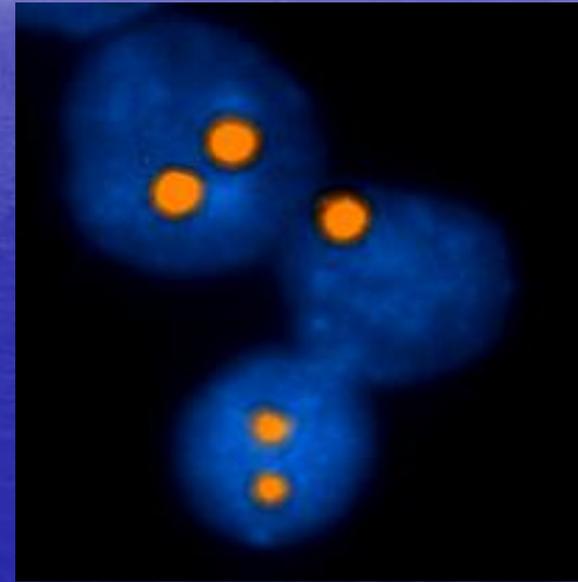
A



B



C



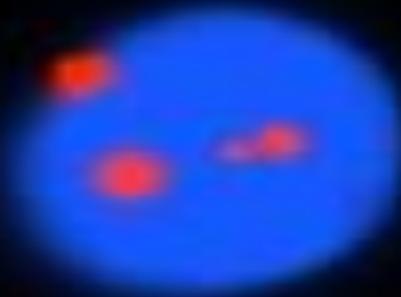
A: Fetal metaphase shows three 18 orange spots and a maternal nuclei with two 18 orange spots

B and C: Frames obtained by using the automated microscope

B: Disomic nucleus for the chromosome 18

C: Two disomic nuclei and one monosomic nucleus for the chromosome 18

3



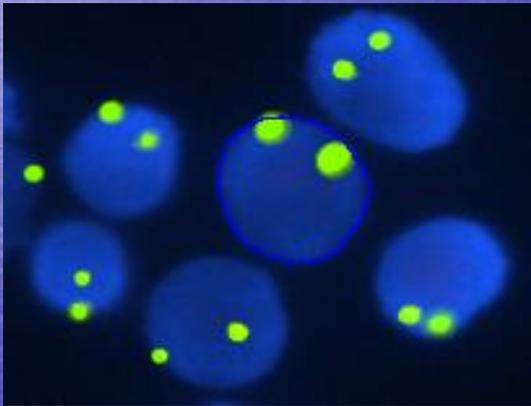
SAFE TEST: TRISOMY 18

3

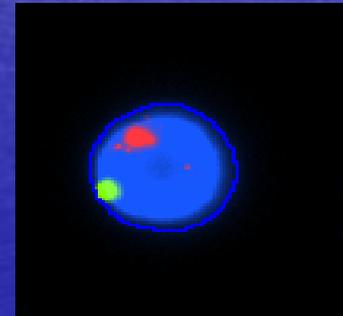
SAFE TEST: TRISOMY 18

FISH PERFORMED BY USING CEP XY PROBE FOR THE NON INVASIVE DIAGNOSIS OF FETAL GENDER

A



B



A and B: Frames obtained by using the automated microscope

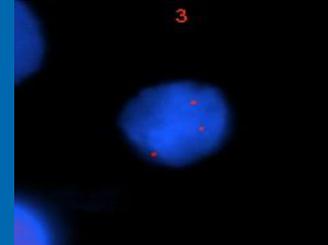
A: XX nuclei

B: Fetal XY nucleus

SAFE TEST - FETAL CELLS

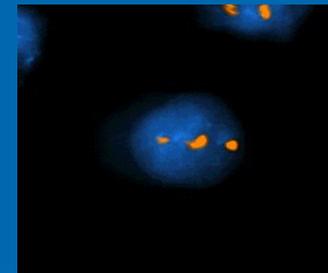
- 21 Chromosome analysis

Diagnostic accuracy 97.9%



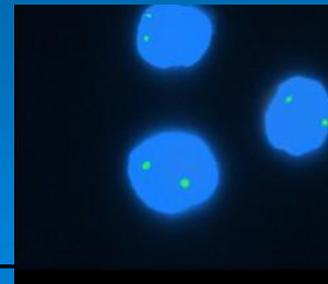
- 18 Chromosome analysis

Diagnostic accuracy 98.9%



- 13 Chromosome analysis

Diagnostic accuracy 98.9%



RESULTS SAFE TEST 2006-2010

- 1782 tests: checked by CVS, amniocentesis, birth genetic map
- 18 trisomy 21
- 6 trisomy 18
- 1 trisomy 13
- 1 Klinefelter

- Detection rate 100%

Sensitivity 100%

Specificity 94%

- Chr 21 sens 100% spec 91%
- Chr 18 sens 100% spec 92%
- Chr 13 sens 100% spec ND
- Chr X & Y sens 100% spec 100%



**NEW POSSIBILITIES
FROM FREE FETAL DNA**

1992

Cell-free fetal DNA in maternal blood

THE LANCET

Presence of fetal DNA in maternal plasma and serum

Dennis Lo *et al.* 1997;350:485

5% of total maternal plasma cfDNA is fetal

Fetal sex determination (X-linked disease)

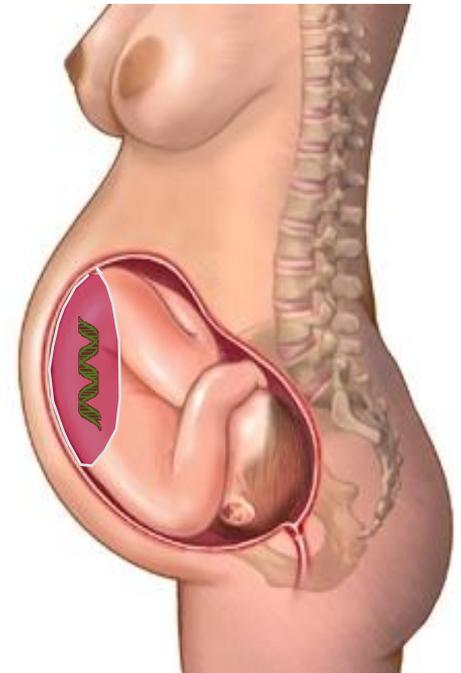
- Y chromosome in male fetuses

Hemolytic disease

- RHD gene in Rh D negative women

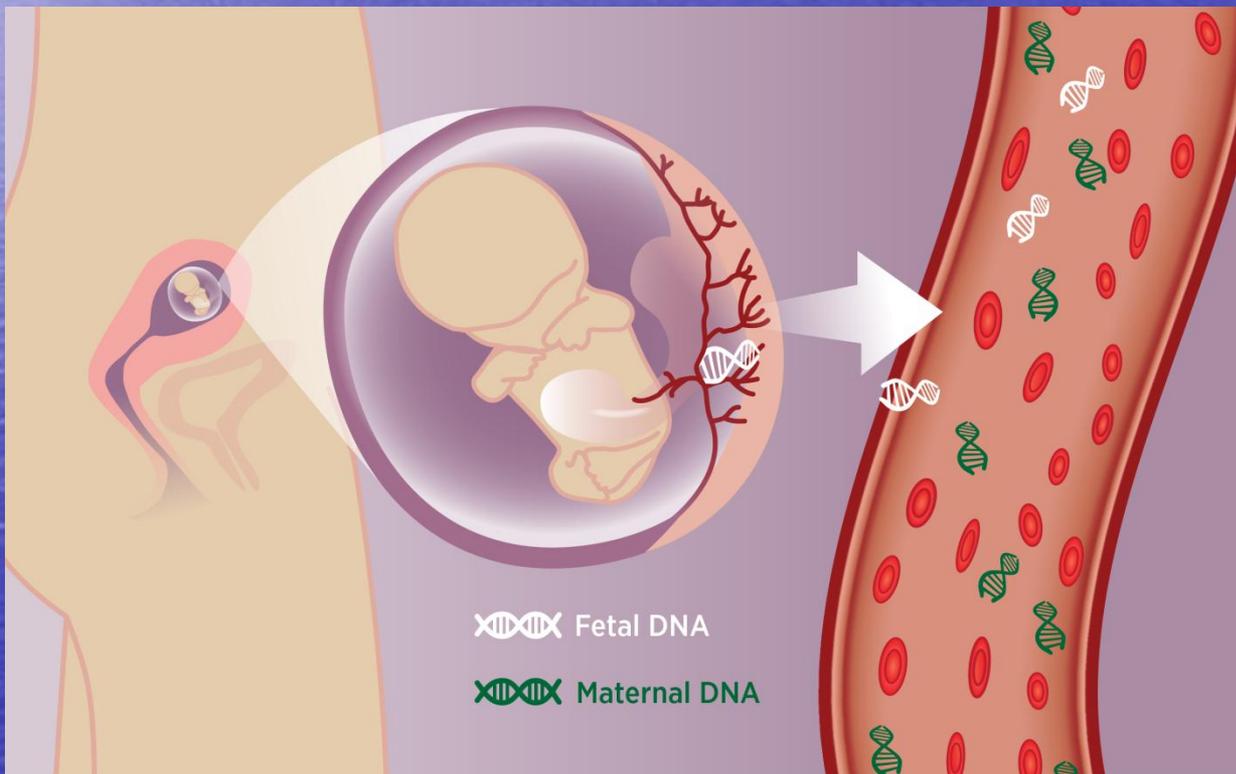
Autosomal dominant disease

- Achondroplasia, Myotonic dystrophy, Huntington's disease



Cell-free DNA in Maternal Blood

- Cell-free DNA (cfDNA) are short DNA fragments
- In pregnancy, cfDNA from both the mom and fetus are in maternal blood
- Amount of fetal cfDNA present is a small fraction of the maternal cfDNA



New possibilities: NIPT



Standard Blood Draw

- Simpler clinical protocol
- As early as 10 weeks gestation
- Higher detection rate
- 30-50x lower false positive rate

The Benefits

CELL-FREE FETAL DNA

Presence of cell-free fetal DNA in the maternal circulation

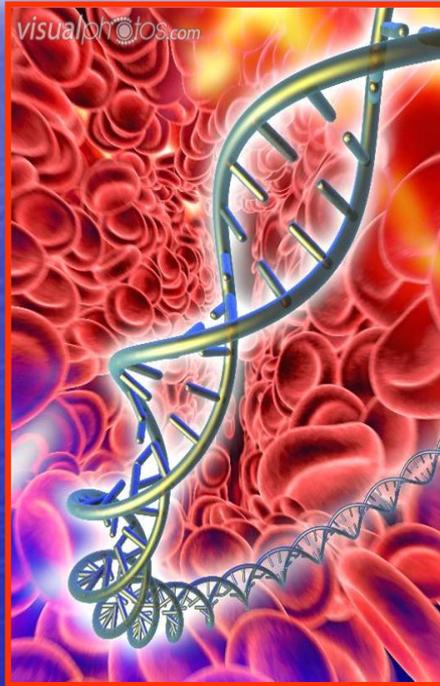
**Fetal gender
determination**

Time:

10-13 weeks of gestation

Target population:

pregnant women at risk
of ambiguous genitalia,
X-linked conditions and
single gene disorders
such as congenital
adrenal hyperplasia



**Fetal RhD
genotyping**

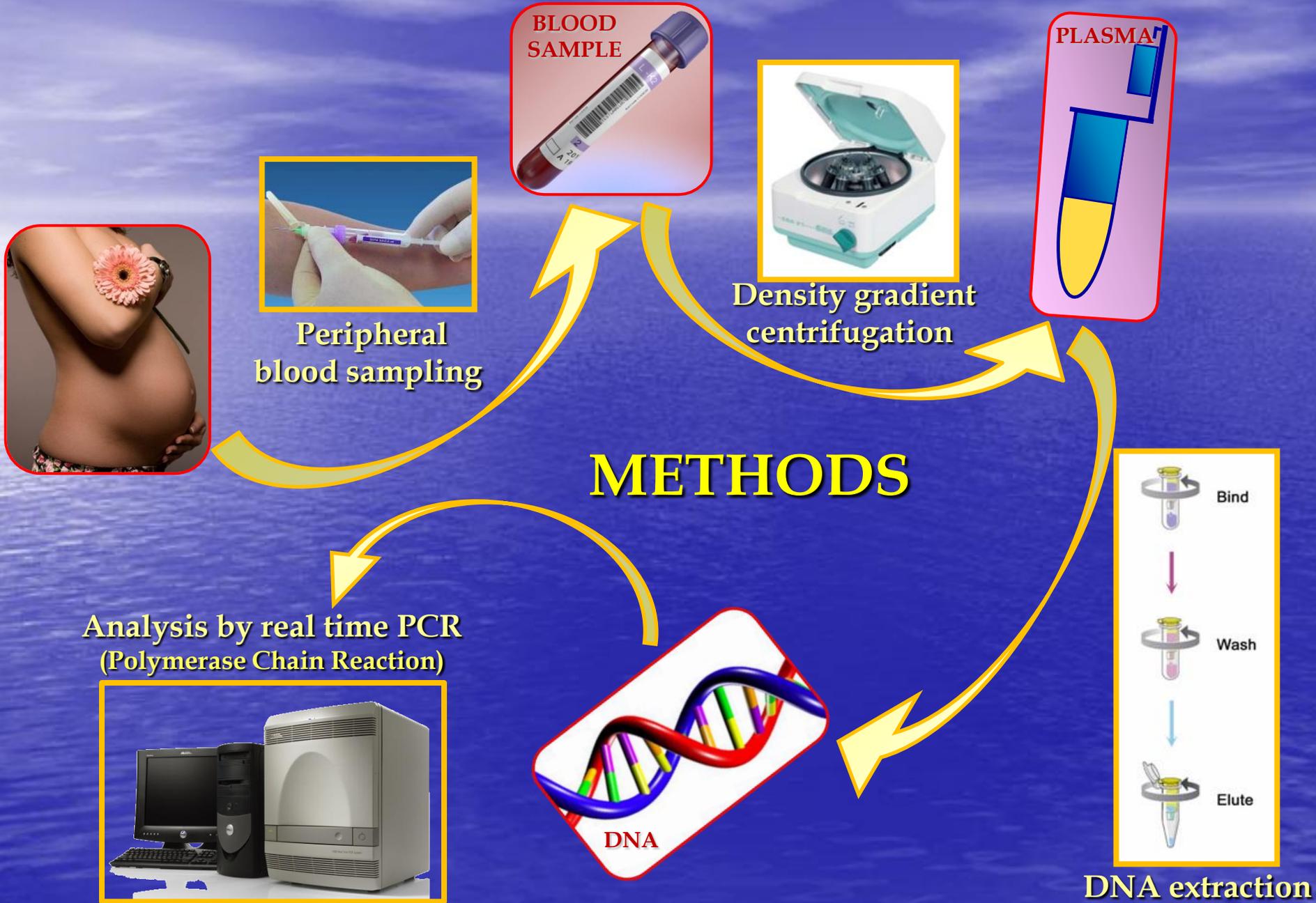
Time:

from the 13th week of
gestation

Target population:

RhD-negative
pregnant women

CELL-FREE FETAL DNA



Non invasive fetal gender determination

Di Renzo et al.

Prenat Diagn 2008

Am J Ob Gyn 2009

Clin Genet 2011

PRENATAL ASSESSMENT OF FETAL GENDER

1. So far, the test has been performed on **912** pregnant women .
2. The use of our interpretation criteria allowed us to improve the test by reducing false positive results.
3. The test is functional in clinical routine practice of non invasive prenatal diagnosis since it is easy, rapid and automated. After about 4 hours from the blood sampling it is possible to obtain the results of 20 samples simultaneously.

SENSITIVITY (%)	99.9
SPECIFICITY (%)	99.5
VPP (%)	99.5
VPN (%)	100
EFFICIENCY (%)	99.7

COMPARISON OF TWO DNA EXTRACTION METHODS FOR THE DEVELOPMENT OF A PRENATAL NONINVASIVE GENETIC TEST FOR FETAL STATUS RhD DIAGNOSIS

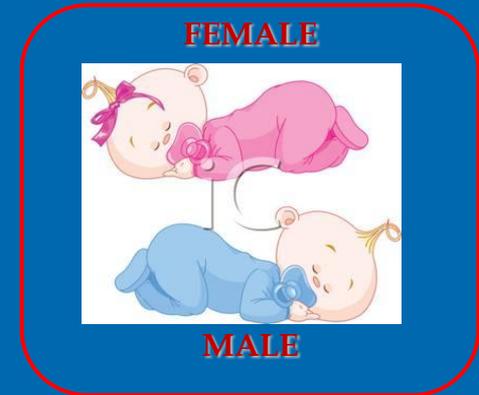
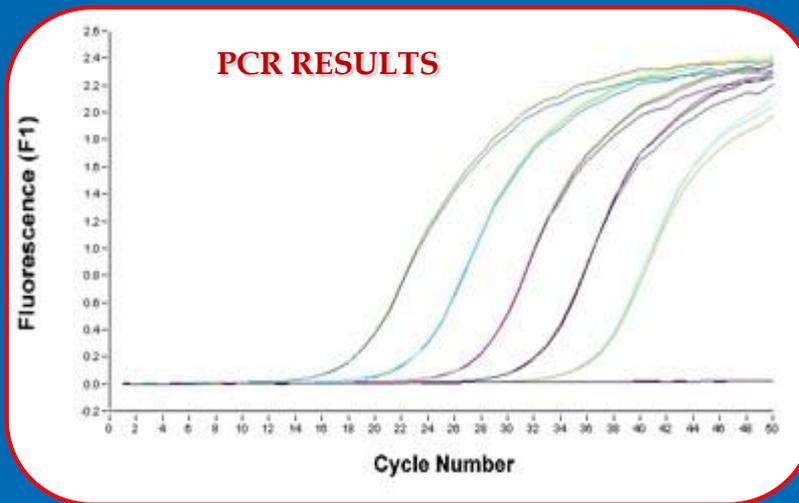
Fanetti, Coata, Di Renzo et al.

PRENAT DIAGN 2010

CELL-FREE FETAL DNA

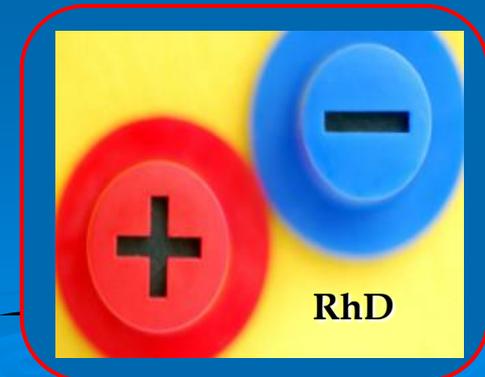
Fetal gender determination

Diagnostic accuracy: 99,8%



Fetal RhD genotyping

Diagnostic accuracy: 97,5%

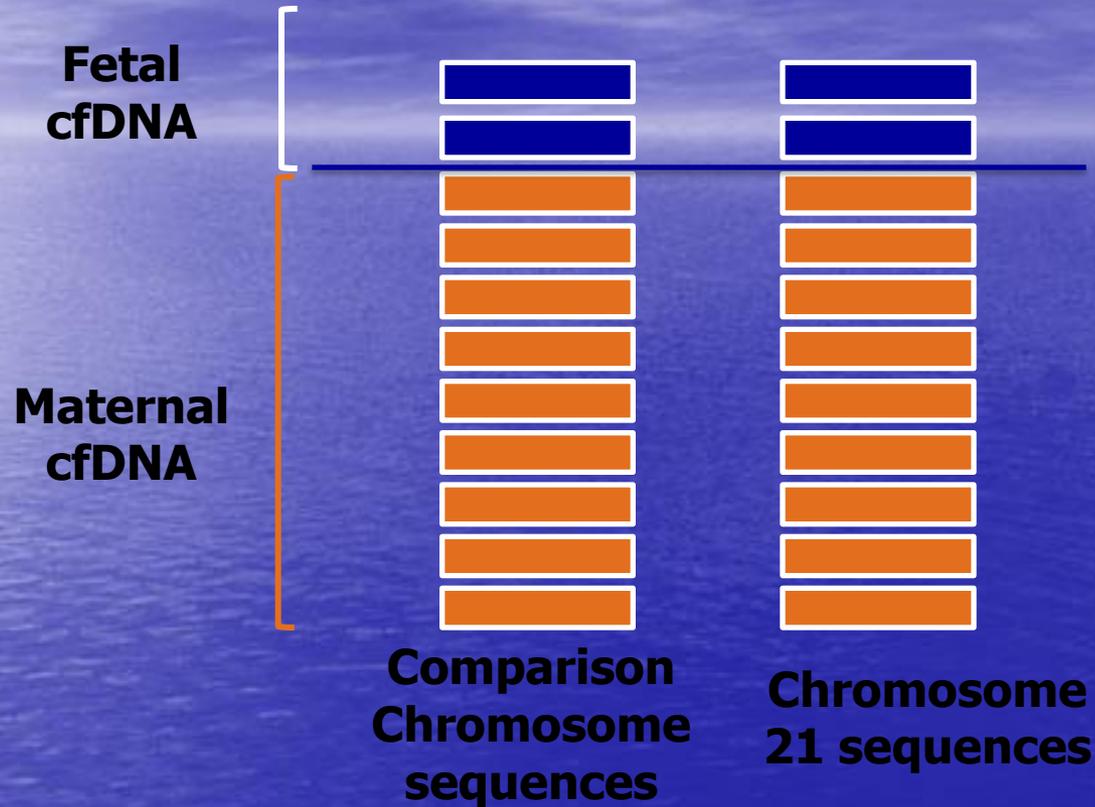


PRENATAL ASSESSMENT OF FETAL RhD STATUS

1. So far, the test has been performed on **166** pregnant women
2. The test is functional in clinical routine practice of non invasive prenatal diagnosis since it is easy, rapid and automated. After about 4 hours from the blood sampling it is possible to obtain the results of 20 samples simultaneously.

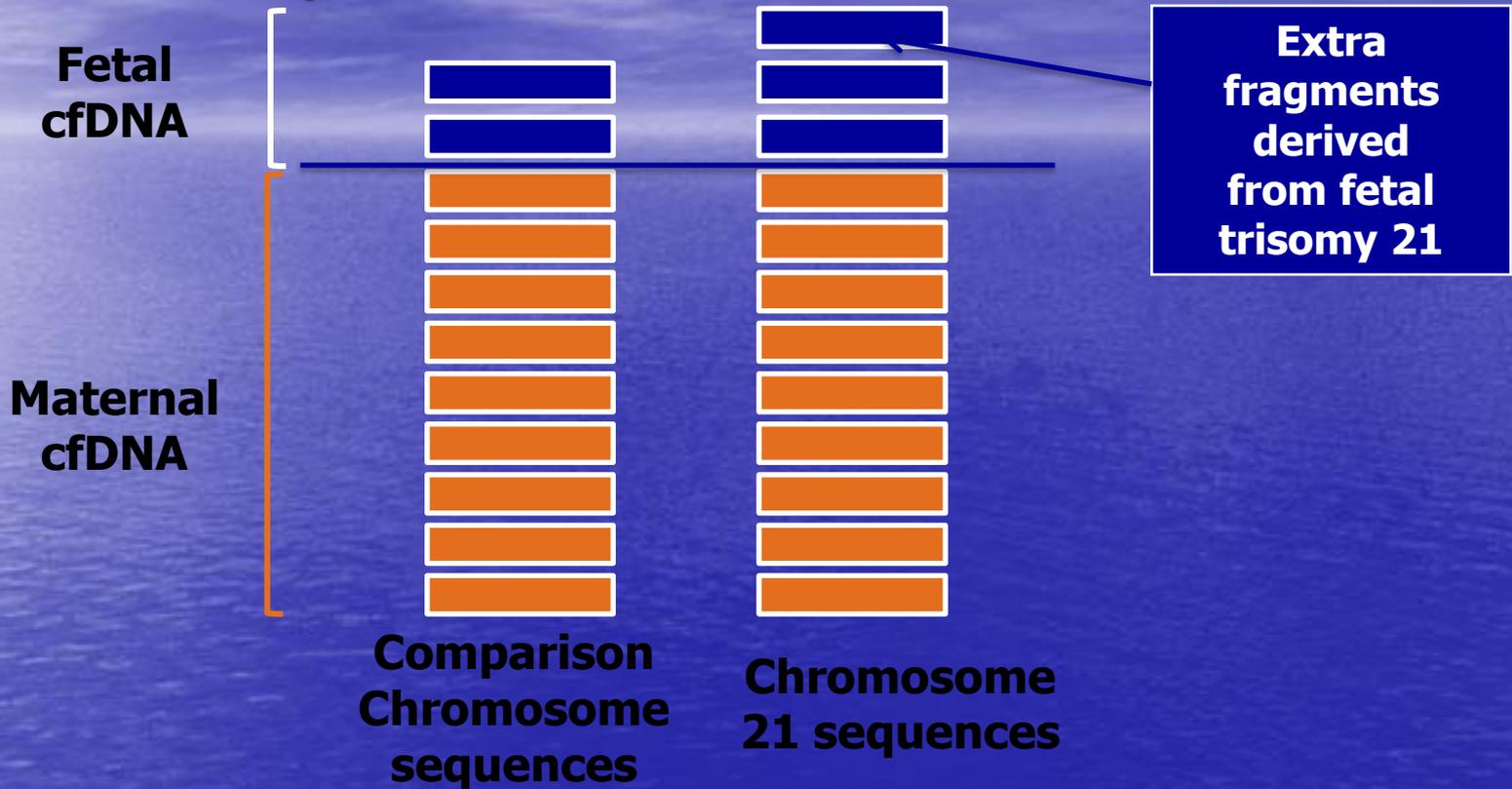
SENSITIVITY (%)	97.7
SPECIFICITY (%)	100
VPP (%)	100
VPN (%)	96.3
EFFICIENCY (%)	99.8

Fetal Trisomy Detection With cfDNA



- * Each bar represents hundreds of cfDNA fragments
- * Counting of chromosome cfDNA fragments done by DNA sequencing

Fetal Trisomy Detection With cfDNA



* Overabundance of chromosome 21 cfDNA fragments in T21, although small, can be measured with DNA sequencing

NIPT Technology

Different approaches to cfDNA analysis

Massively Parallel
Shotgun Sequencing
(MPSS)

Directed Approach
(e.g. Harmony Test)

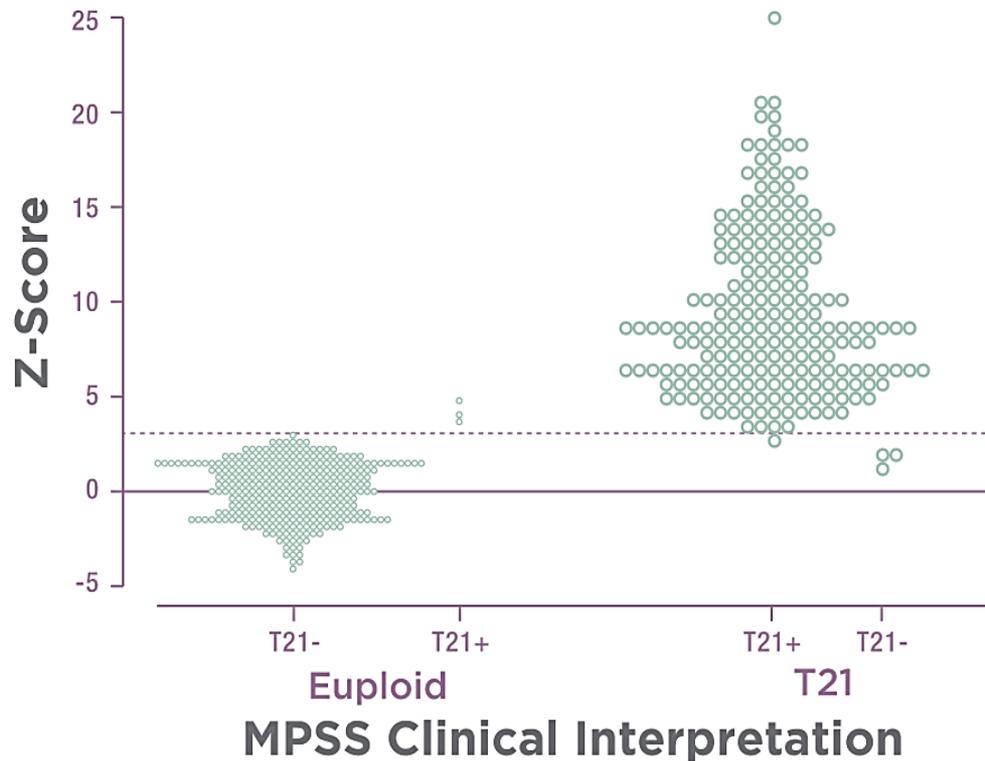
Key differences

Binary +/- result
based on z-score

**Risk classification
and risk score**

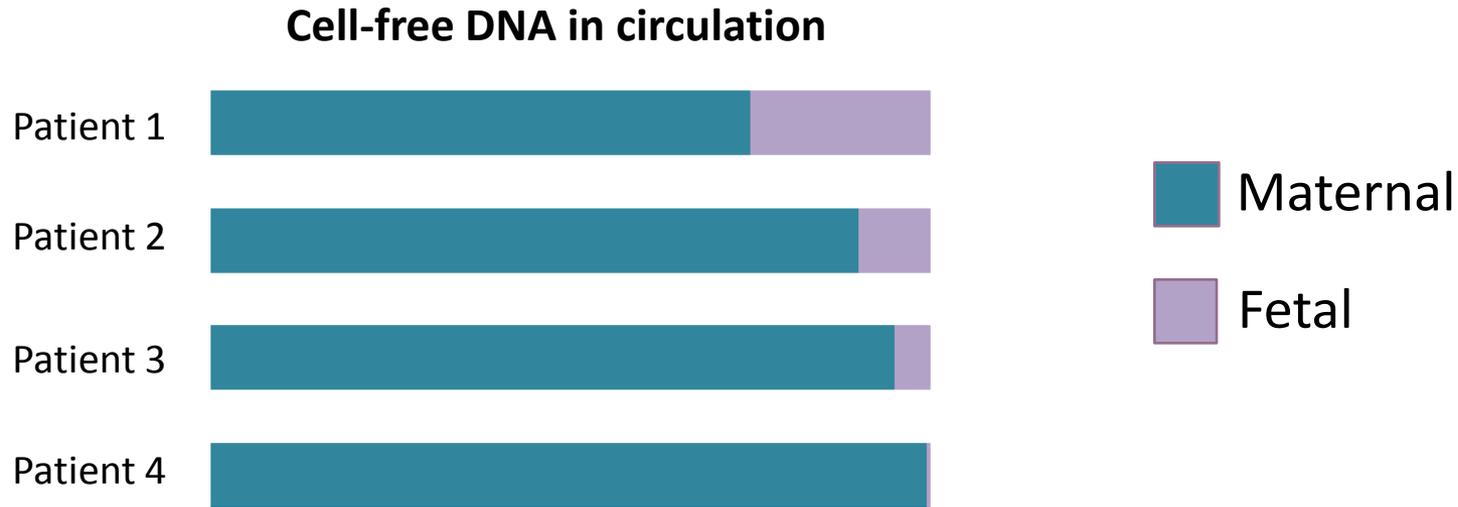
Massively Parallel Shotgun Sequencing (MPSS)

- **MPSS** is a random sampling of cfDNA fragments
- An arbitrary z-score cut-off is used to determine trisomy



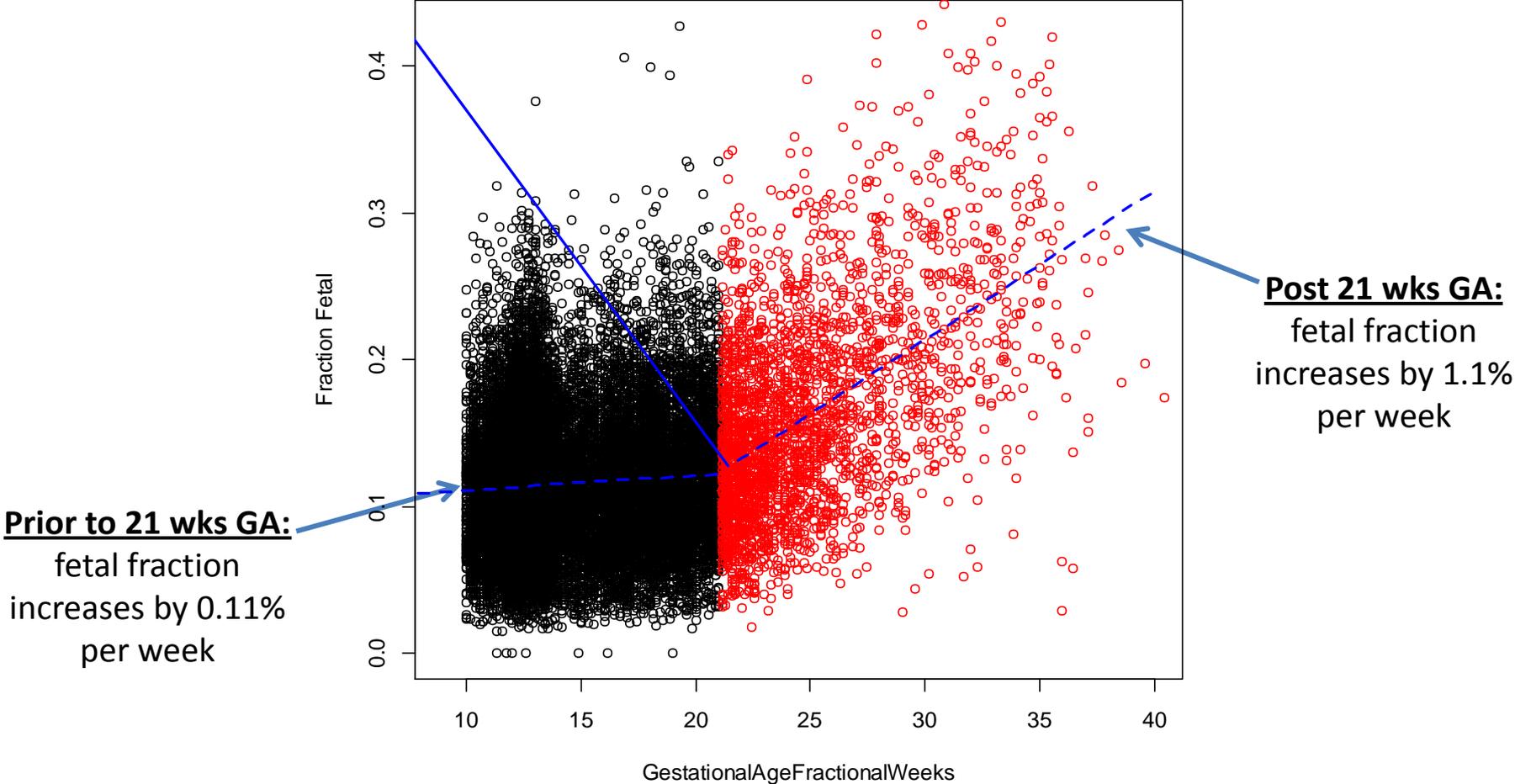
All classified as “positive” with no distinction between extremely high values and those just above the cut-off

Importance of measuring fetal DNA amount



- ❖ Percentage of maternal to fetal DNA in circulation can vary from woman to woman, and changes throughout gestation¹
- ❖ In some samples, there is very little or no detectable fetal DNA
- ❖ **Important to choose a lab that measures fetal fraction**
 - ❖ CAP accreditation program recommends that NIPT labs measure and report fetal fraction²

Fetal Fraction – Gestational Age Relationship



Consequences of NOT measuring fetal DNA

If very little fetal DNA is present, result is based on maternal DNA

- ❖ Male fetuses may be called as “female”
- ❖ **PATIENTS CARRYING FETUS WITH TRISOMY MAY RECEIVE FALSE REASSURANCE** (*increased risk of “false negative” results*)
- If fetal DNA percent is not measured and reported, validity of individual result is not known

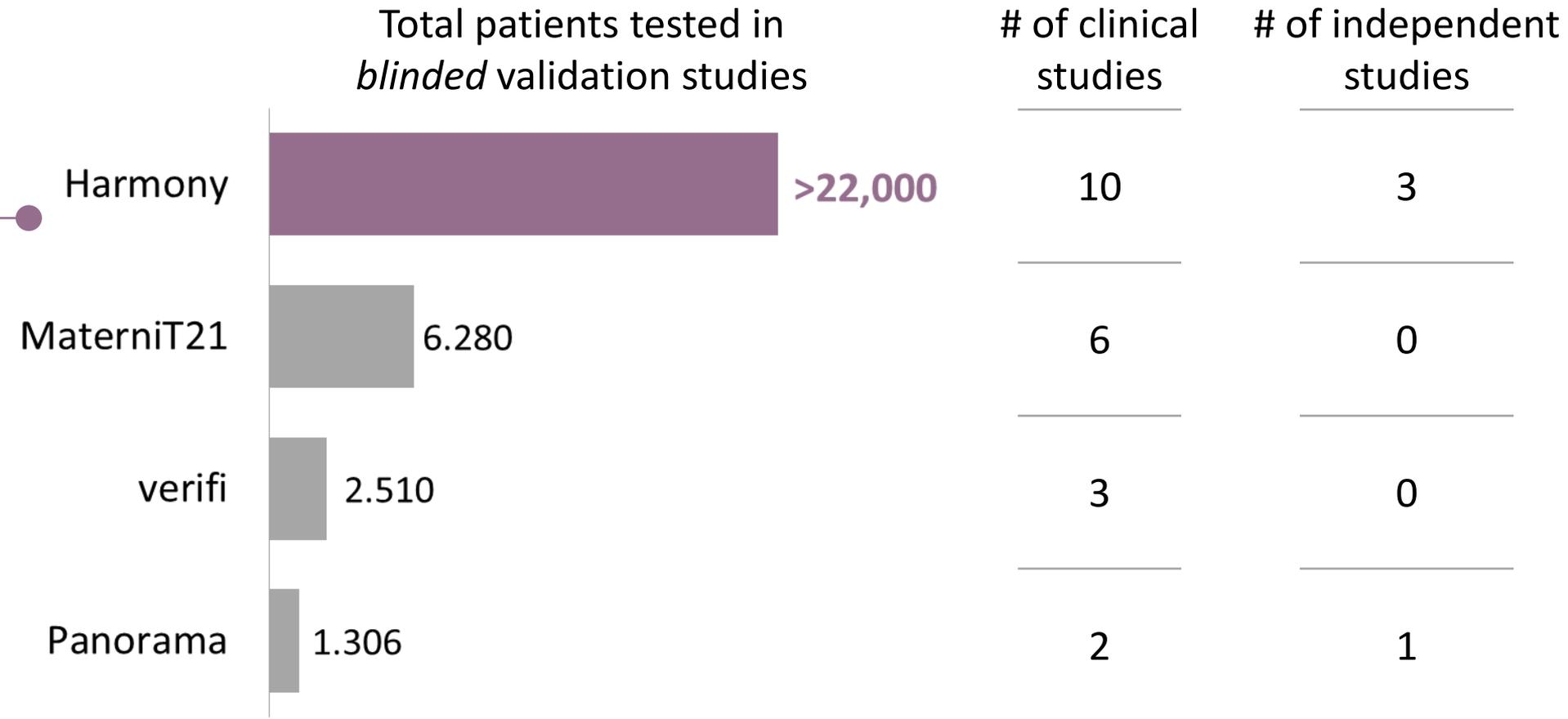
“Can deeper sequencing alleviate the need to measure fetal DNA?”

- ❖ A recent independent study¹ evaluated various depths of sequencing of chromosome 21 at varying levels of fetal fraction
 - ❖ **Conclusion:** Detection rates will suffer if fetal DNA amount is 3% or less at any depth of sequencing

Comparison of NIPT Tests

	Harmony	MaterniT21+ <i>(Sequenom)</i>	verifi <i>(Verinata)</i>	NIFTY <i>(BGI)</i>	PraenaTest <i>(Lifecodexx)</i>	Panorama <i>(Natera)</i>
Technology	Directed	MPSS (random)	MPSS (random)	MPSS (random)	MPSS (random)	Directed
Fetal fraction measured for proper testing	+	+	-	-	+	+
Test success rate	+	+	+	+	+	-
Individualized risk score	+	-	-	-	-	+
Low cost	+	-	-	+	-	-
Robust clinical studies	+	+	-	-	-	-

Harmony is backed by extensive evidence



Extensive Clinical Data

Clinical Validity and Use

Study	Subjects	Reference
NEXT – General pregnancy, 1 st trimester	18,955	<i>NEJM 2015</i>
NICE - Cohort validation study	3,228	Norton M et al., AJOG 2012
Clinical experience in Belgium & Netherlands	3,000	Willems et al, FVV 2014
General pregnancy population, 1st trimester	2,049	Nicolaides et al, AJOG 2012
Trisomy 13	1,949	Ashoor et al., Ultra Obstet Gyn 2013
Kypros Nicolaides clinical implementation	1,005	Mar Gil et al, Ultra Obstet Gyn 2013
EU-NITE - European study	520	Verweij et al., PrenatI Diag, 2013
High-risk population, 1st trimester	400	Ashoor et al., AJOG 2012
FORTE	338	Sparks et al., AJOG 2012
DANSR	298	Sparks et al., Prenat Diagn 2012
Ob/Gyn real world experience	289	Fairbrother et al., Prenat Diagn 2013
Twins study	275	Mar Gil et al., Fetal Diagn Ther 2013
Sex chromosome aneuploidies, study 1	177	Nicolaides et al., Fetal Diagn Ther 2013
Sex chromosome aneuploidies, study 2	432	Hooks et al., Prenat Diagn 2014

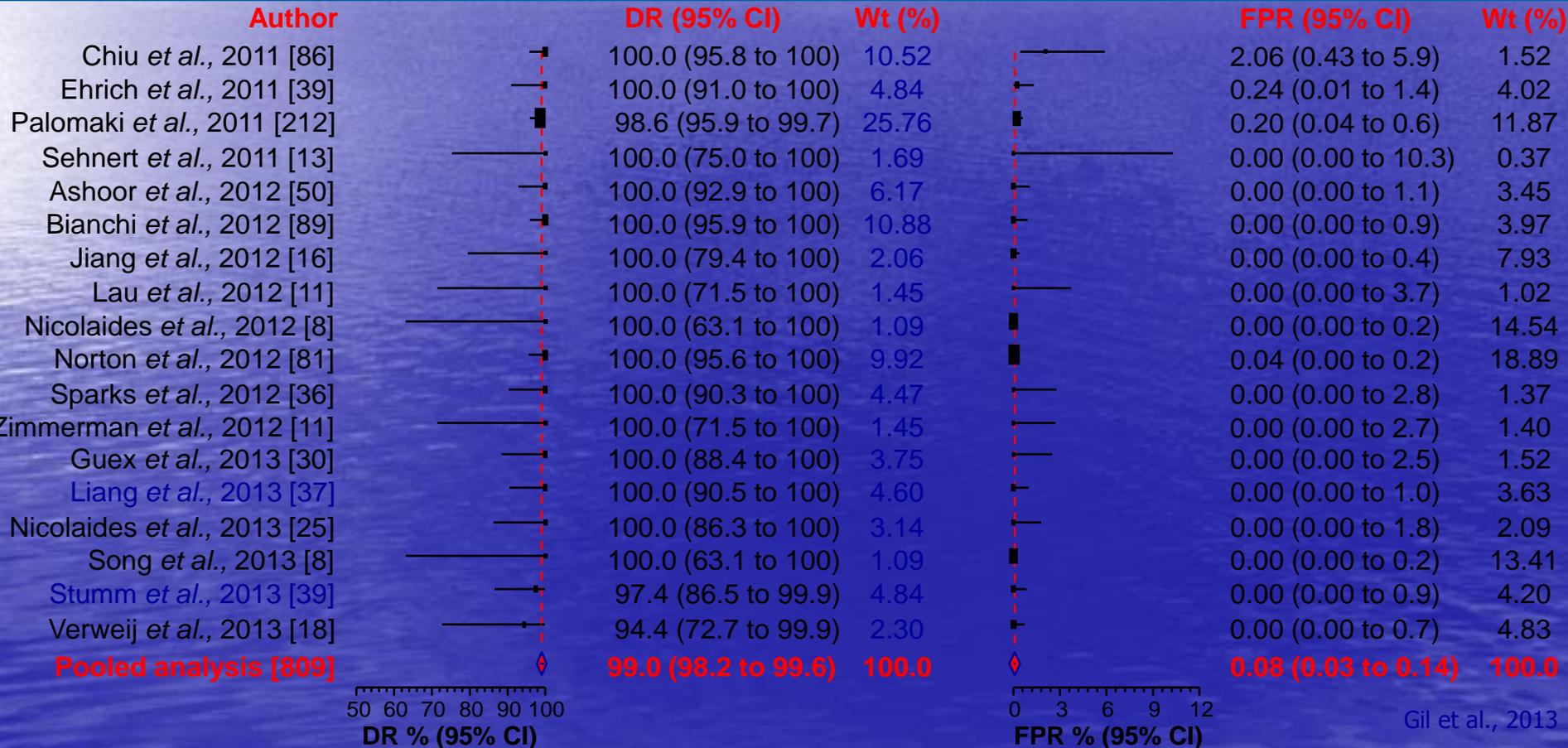
Fetal Fraction

Maternal weight effects - commercial data	22,000	Wang et al., Prenat Diagn 2013
Consistent in high and low-risk women	3,007	Brar et al, J Mat Fet Neonat Med 2013
Fetal cfDNA and pregnancy complications	1,949	Poon et al., Fetal Diagn Ther 2013
Maternal weight and fetal factors, study 2	1,949	Ashoor et al. Ultras Obstet Gyn 2013
Maternal weight and fetal factors, study 1	400	Ashoor et al., Fetal Diagn Ther 2012
Fetal fraction in twins	70	Struble et al., Fetal Diagn Ther 2013

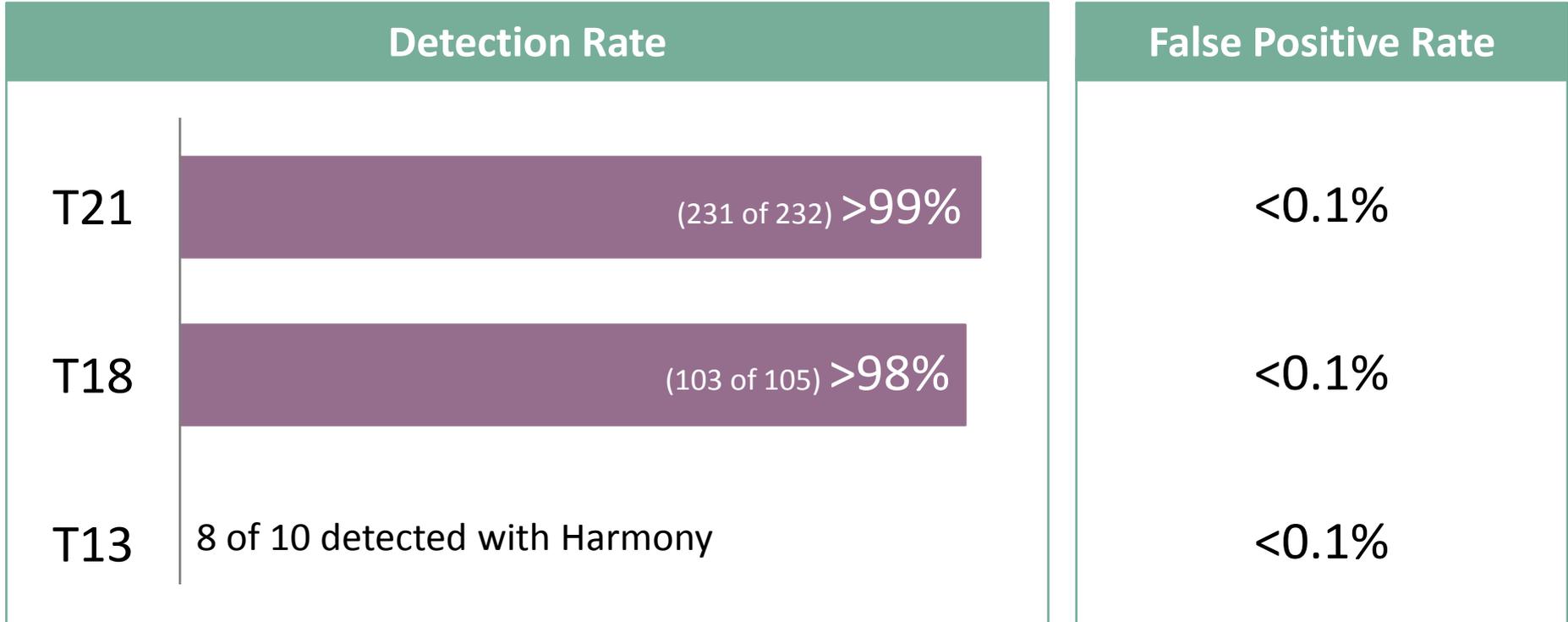


Cell free DNA test

Trisomy 21



High detection rate; low false positive rate

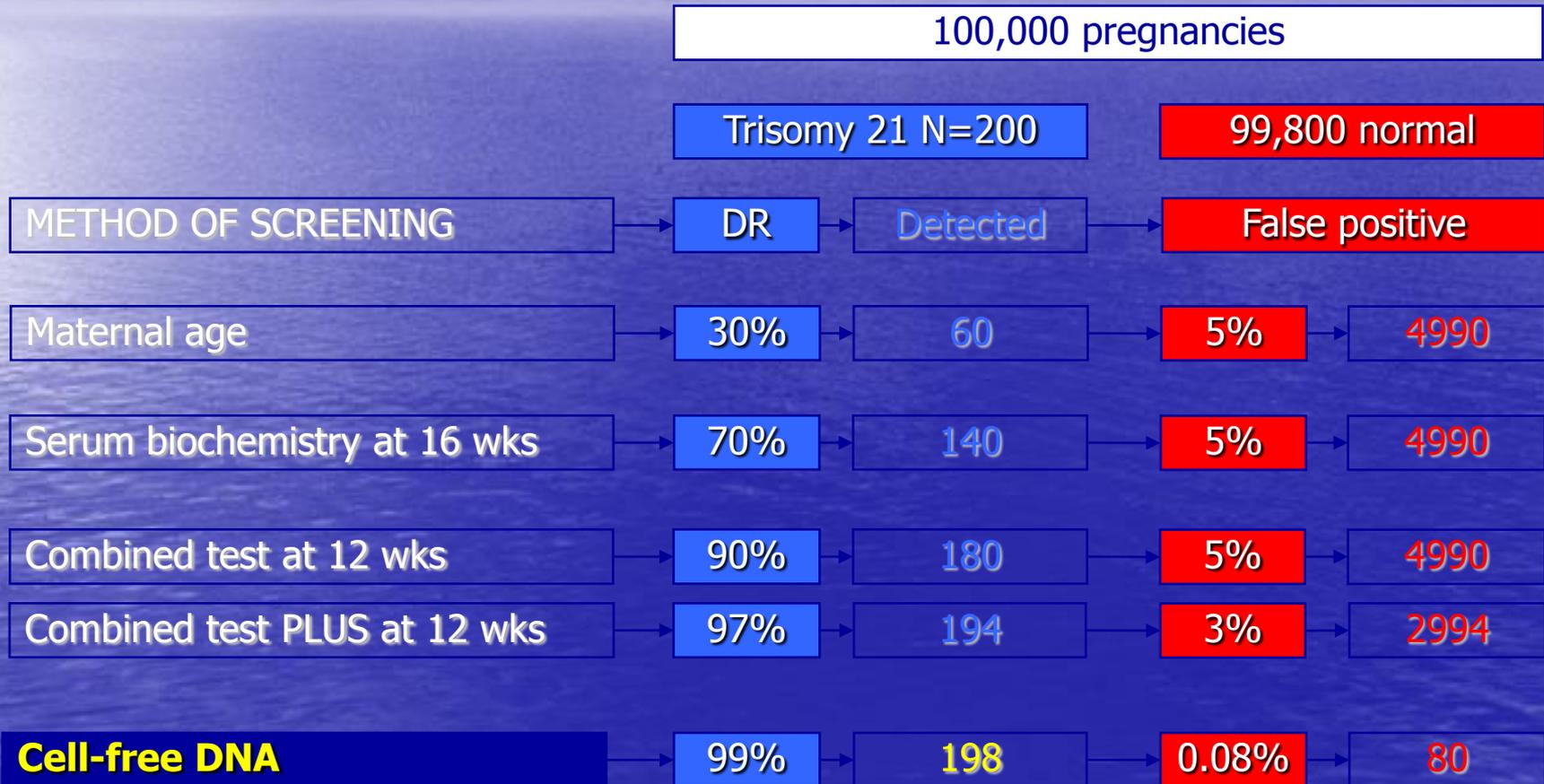


Studied in over 6,000 patients, including >2,000 average-risk women

[Mosaicism](#)

1. Sparks AB et al., Am J Obstet Gynecol. 2012 Apr;206(4):319.e1-9.
2. Ashoor G et al., Am J Obstet Gynecol. 2012 Apr;206(4):322.e1-5.
3. Sparks AB et al., Prenat Diagn. 2012 Jan;32(1):3-9.
4. Norton M et al., Am J Obstet Gynecol. 2012 Aug;207(2):137.e1-8.
5. Nicolaides KH et al., Am J Obstet Gynecol. 2012 Nov;207(5):374.e1-6.
6. Ashoor G et al., Ultrasound Obstet Gynecol. 2013 Jan;41(1):21-5.
7. Data on file

Screening for trisomy 21 1960-2013





*International Federation of Gynecology and Obstetrics
Working Group on Best Practice in Maternal-Fetal Medicine*

Chair: G C Di Renzo

Expert members:

E Fonseca, Brasil

S Hassan, USA

M Kurtser, Russia

M T Leis, Mexico

K Nicolaides, UK

N Malhotra, India

H Yang, China

Expert members ex officio:

S Arulkumaran, FIGO

M Hod, EAPM

C Hanson, SM Committee

L Cabero, CBET Committee

Y Ville, ISUOG

M Hanson, DOHaD

PP Mastroiacovo, Clearinghouse

JL Simpson, March of Dimes

D Bloomer, GLOWM

SCREENING FOR CHROMOSOMAL ABNORMALITIES AND NON INVASIVE PRENATAL DIAGNOSIS AND TESTING

- ① **Maternal age has a low performance as a screening for fetal chromosomal abnormalities with a DR of 30-50% for FPR of 5-20%. Therefore, invasive testing for diagnosis of fetal aneuploidies should not be carried out by taking into account only maternal age.**
- ② **First-line screening for trisomies 21, 18 and 13 should be achieved by the combined test, which takes into account maternal age, fetal nuchal translucency (NT) thickness, fetal heart rate (FHR) and maternal serum free β -human chorionic gonadotropin (β -hCG) and pregnancy-associated plasma protein-A (PAPP-A). The combined risk test has a DR of 90% for trisomy 21 and 95% for trisomies 18 and 13, at FPR of about 5%.**

- ① **The combined test could be improved by assessing additional ultrasonographic markers, including the fetal nasal bone and Doppler assessment of the fetal ductus venosus flow and tricuspid flow. If all those markers are included the DR is increased to more than 95% and the FPR decreased to less than 3%.**
- ① **Screening by analysis of cfDNA in maternal blood has a DR of 99% for trisomy 21, 97% for trisomy 18 and 92% of trisomy 13, at a total FPR of 0.4%.**

◎ **Clinical implementation of cfDNA testing should preferably be in a contingent strategy based on the results of first-line screening by the combined test at 11-13 weeks' gestation. In this case, we recommend the strategy below:**

- ◎ Combined test risk over **1 in 100**: the patients can be offered the options of cfDNA testing or invasive testing.
- ◎ Combined test risk between **1 in 101 and 1 in 2,500**: the patients can be offered the option of cfDNA testing
- ◎ Combined test risk lower than **1 in 2,500**: there is no need for further testing.



FETAL CELLS and ffDNA: CONCLUSIONS AND FUTURE PERSPECTIVES



- ❖ Although new methodologies based on SNPs and free fetal nucleic acids are arising, we believe that the use of fetal cells is still a good approach for non invasive prenatal diagnosis of fetal trisomies, because it allows us to visualize directly the fetal nuclei and their chromosomes. *In this respect, our SAFE test is up to know the only one offered at clinical level.*
- ❖ ffDNA can be utilised with high specificity and sensitivity for the determination of fetal sex and fetal RhD status as early as 9 wks gestation. Moreover recently its applicability for the diagnosis of trisomies has been clearly validated.

A vibrant, high-angle photograph of a busy public square, likely Piazza del Campo in Siena, Italy. The square is filled with a diverse crowd of people walking and socializing. In the background, a massive, light-colored stone building with Gothic architectural features, including pointed arch windows and a crenellated roofline, dominates the left side. To the right, a circular fountain with a tiered structure and a colorful, striped canopy is visible. The sky is clear and blue, suggesting a bright, sunny day. Overlaid on the top half of the image is the text 'THANK YOU', 'GRAZIE', and 'GRACIAS' in a large, bold, blue font with a green outline, arranged vertically.

THANK YOU
GRAZIE
GRACIAS