

## **HPV DNA primary in cervical cancer screening What benefits for patients?**

**Prof. Vu Ba Quyet**

*Director of National O&G hospital*

*Vice President of Vietnam Association of Gynecology & Obstetrics*



# Cervical cancer screening Patient expectation?





# Cervical Cancer progression



Primary prevention  
Vaccine HPV

Secondary prevention:  
Screening with VIA, cytology,  
HPV test

Early treatment  
of cancer

Treatment

Cryotherapy, laser

LEEP,...



# Model of screening Patient benefit centric



Preventive & safe



Convenient



Cost effectiveness

Patient  
centric



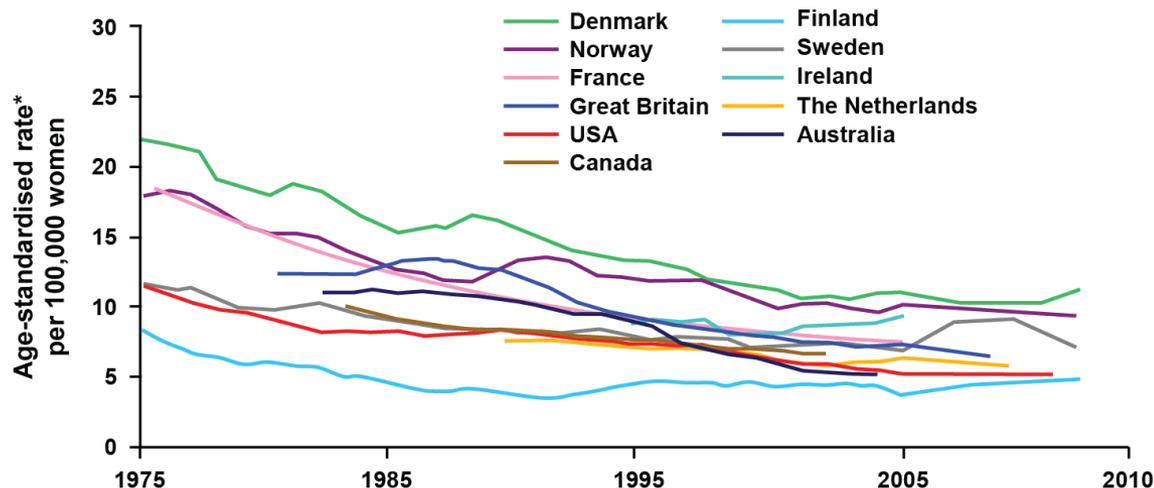
# Cervical cancer screening: Cytology based



Introduced in  
1940s

Progression from CIN3 to cervical cancer takes approximately 10 years.

Cytology was successful even with low sensitivity by testing often.



1927

1940

1950s

1960s

1970s

1980s

1990

2000s

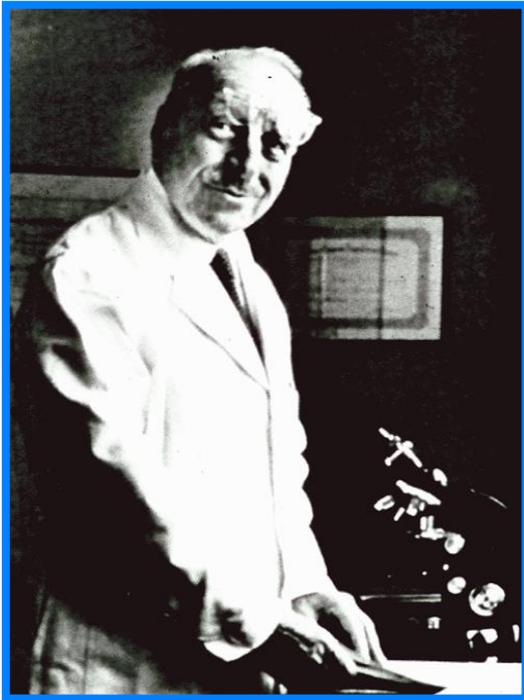
2010

Fist introduced  
in 1927 by  
Babes

Become widely adopted over the  
world and considered as a  
effectiveness method, reduced  
cervical cancer rate



# Cytology



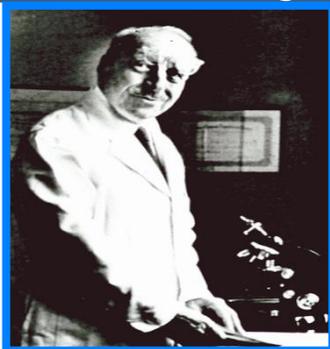
*Dr. George M. Papanicolaou*  
1883-1962

- Low sensitivity # 40-75%
- Results depend on cytologist expertise
- Big investment because of high cost for training and educating specialists



# Cervical Cancer screening

## *Identify root cause: HPV is the main cause*



Introduced in  
1940s



In 1976, Harald Zur Hausen published the hypothesis that Human papilloma virus plays an important role in the cause of Cervical Cancers

In 1983, HPV 16 & HPV 18 were identified in cervical cancers

1927

1940

1950s

1960s

1970s

1980s

1990

2000s

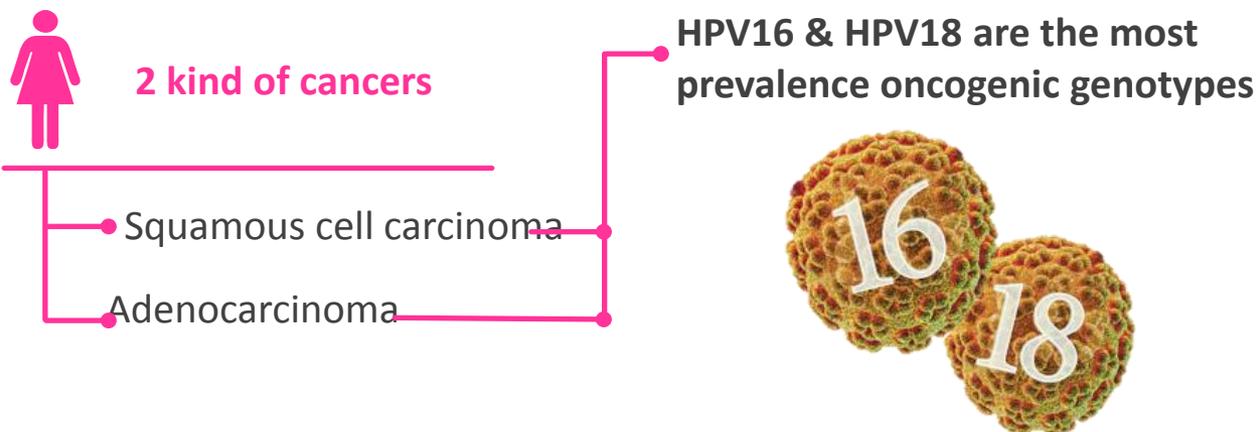
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Fist introduced  
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Pap become widely adopted over  
the world and considered as a  
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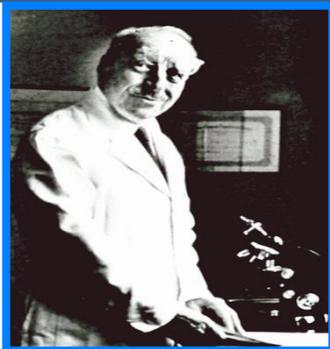
# Cervical Cancer is caused by hrHPV persistent infection



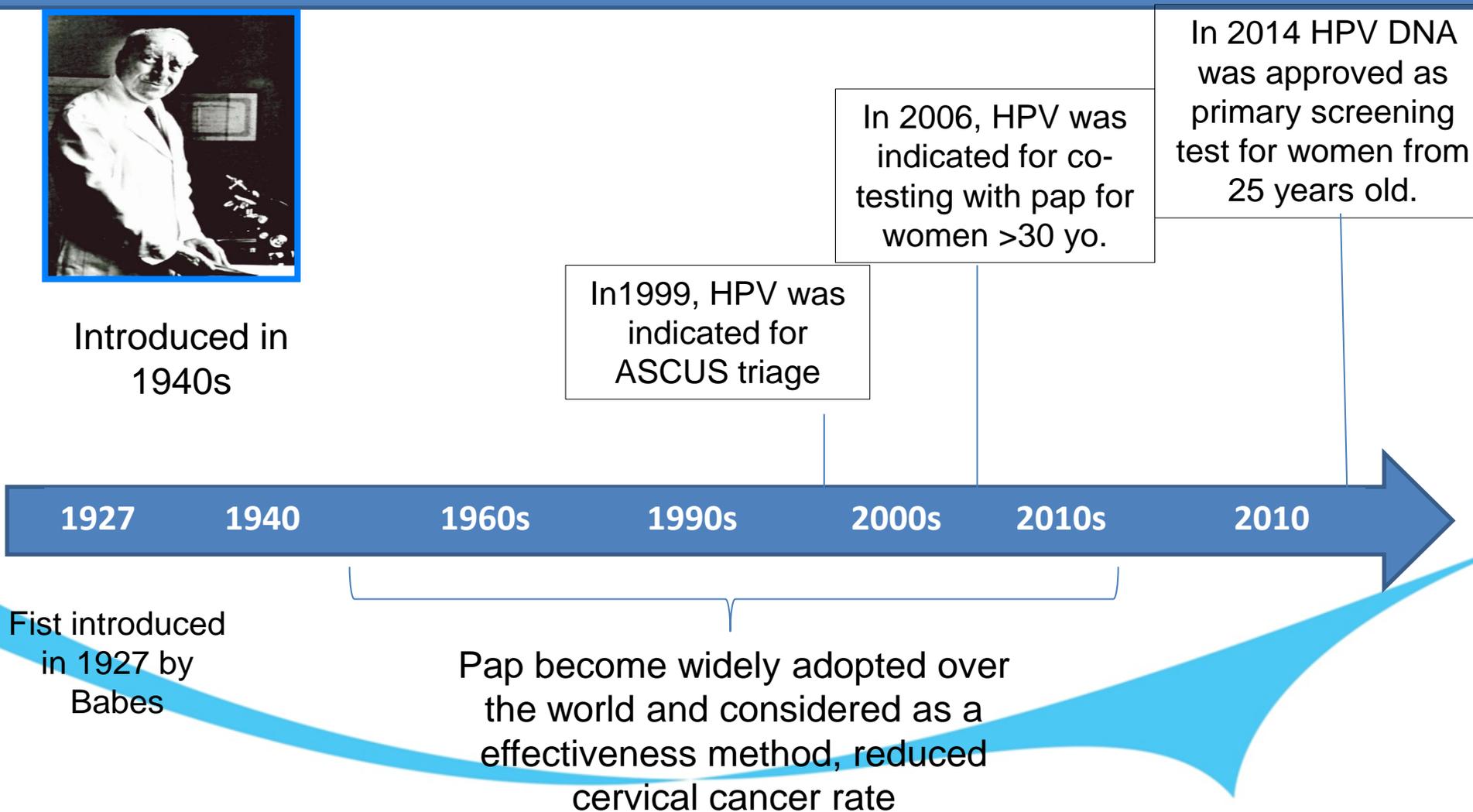
- HPV infection is present in almost cases of cervical, pre-cancer, CIN and high grade of lesion
- Persistent infection 1 of 14 of high-risk HPV genotypes causes greater than 99% of all cervical cancer cases



# Cervical cancer screening HPV based



Introduced in  
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# HPV primary screening

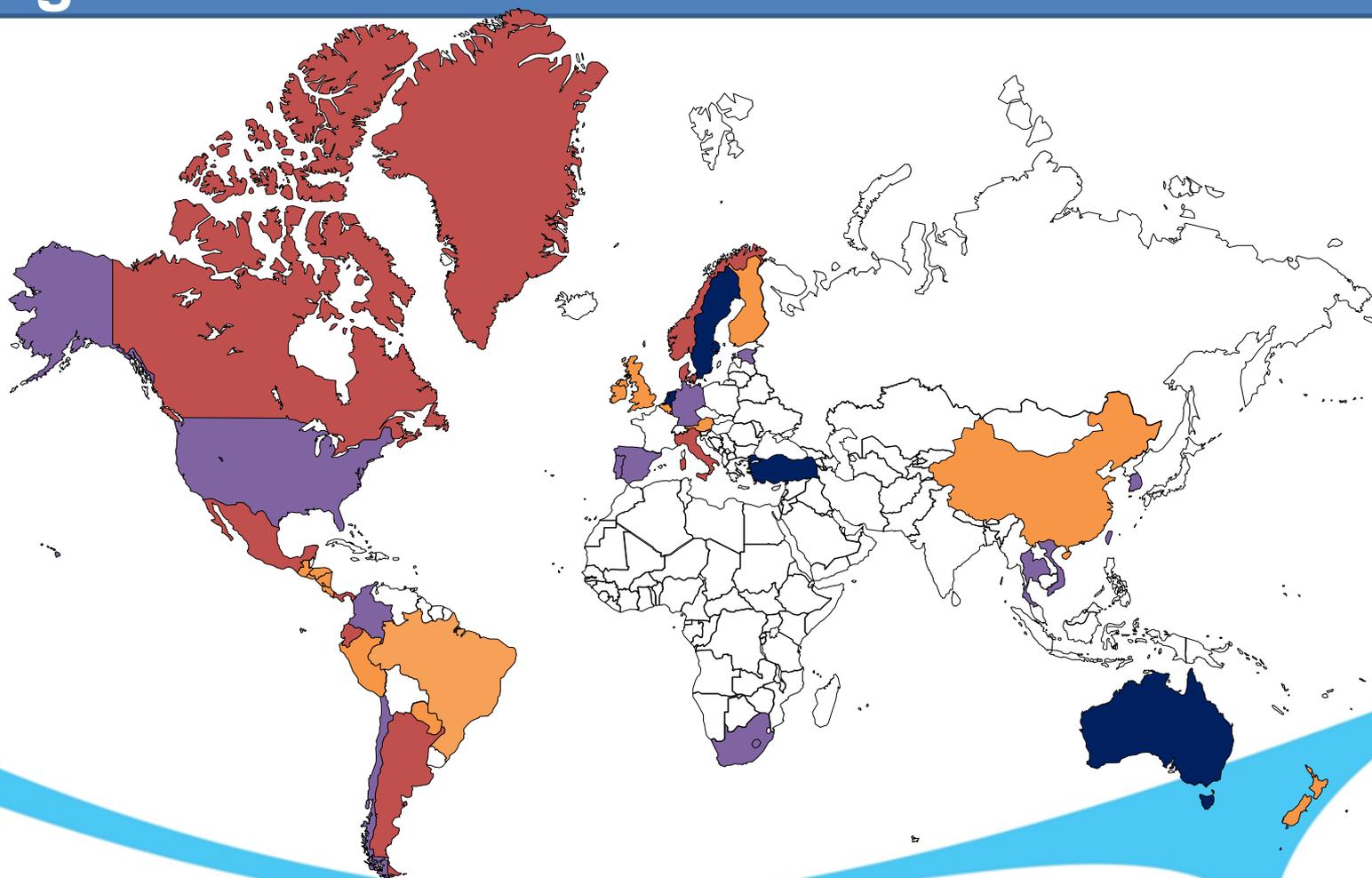
## A few years ago





# HPV primary screening

## Progression over the world

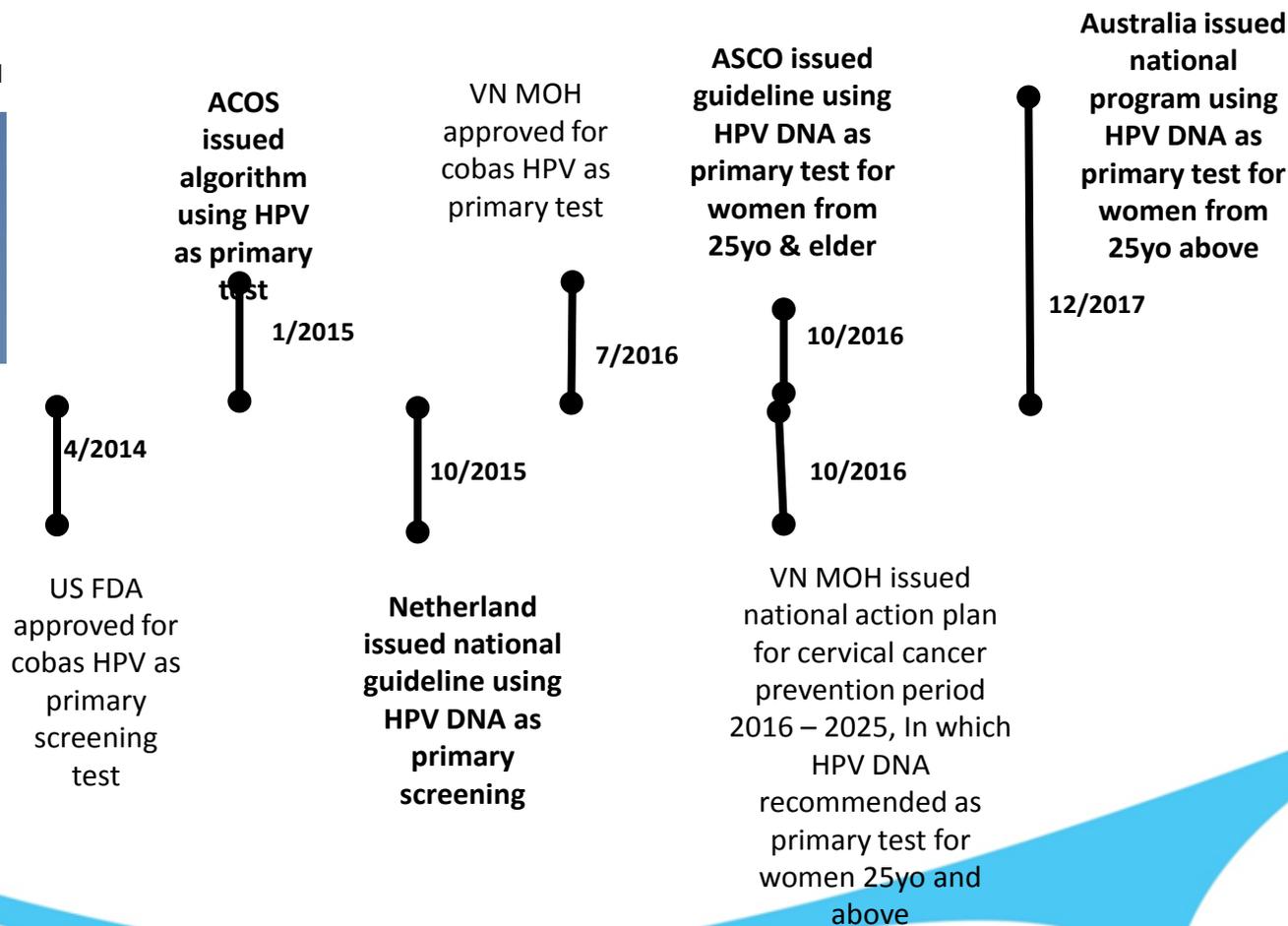


 Chương trình quốc gia  Chương trình mục tiêu/vùng  Hướng dẫn  Nghiên cứu thí điểm/Khác  
Current to the best of our knowledge on 27APR17; South Korea, Taiwan – co-testing but not stand-alone primary screening



# HPV DNA based screening

ATHENA trial



Thái Lan, HongKong, Italia.. Đưa vào hướng dẫn quốc gia



# HPV DNA as the primary screening test

*All clinical trials find the similar results*

- Several randomized clinical trials in Europe– NTCC, POBOSCAM, VUSA, ARTISTIC, SWEDESCREEN, Finnish Screening Trial
- One observational clinical from the US – *ATHENA*
- Kaiser. clinical – *NCI's Kaiser N. California study*
- *All demonstrated that HPV primary screening is safe and effectiveness*



# HPV as the primary screening test in the US

## *ATHENA trial, women >25 years old*

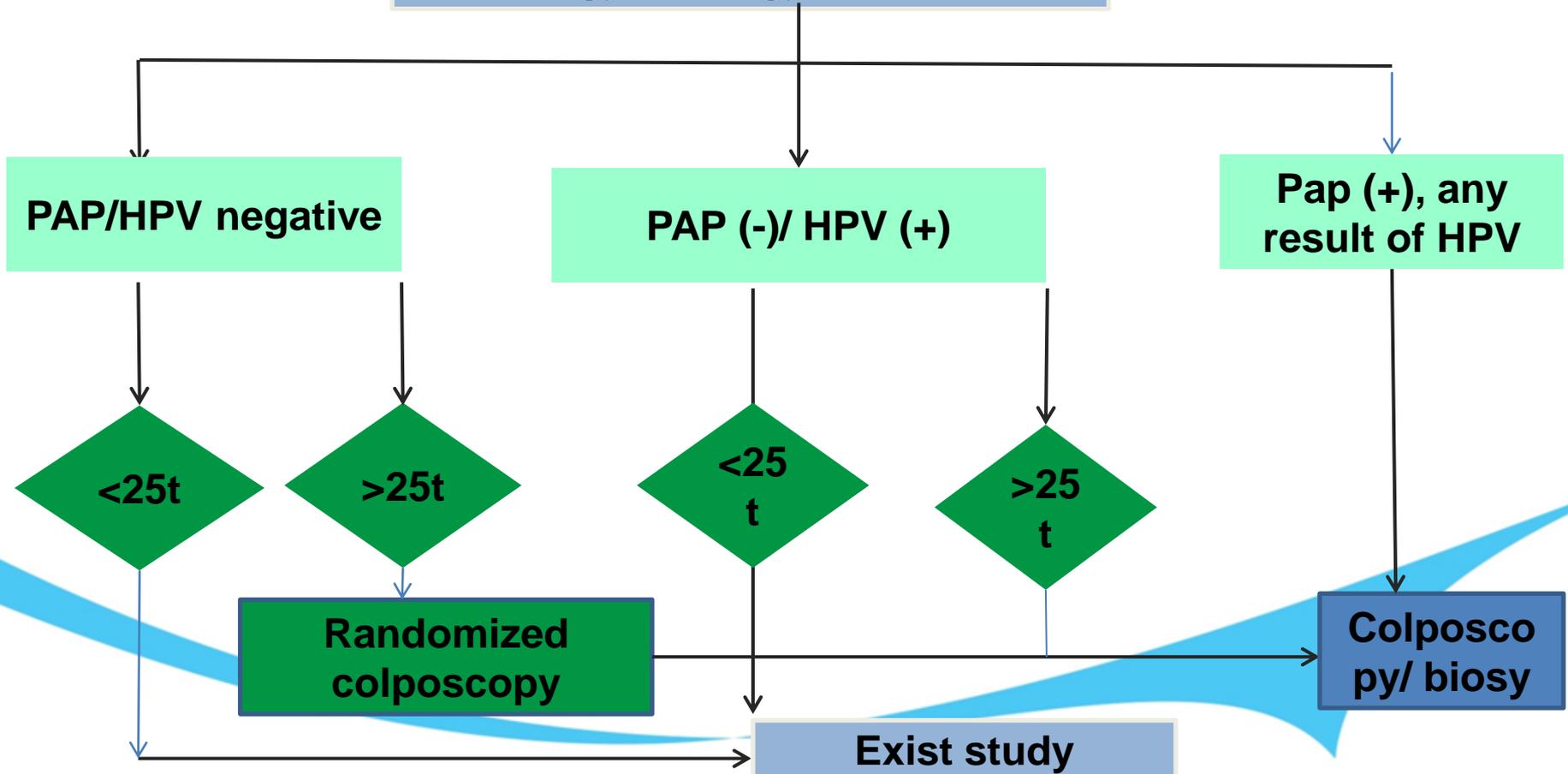
- Studied 42,208 women  $\geq 25$  in the US
- Had gynaecology exam, LBC , HPV (with genotyping)
- Colposcopy for all women with HPV (+), and/or LBC (+) and a randomized subgroup of hrHPV (-)
- First large US study of HPV based screening



# ATHENA trial: Study design

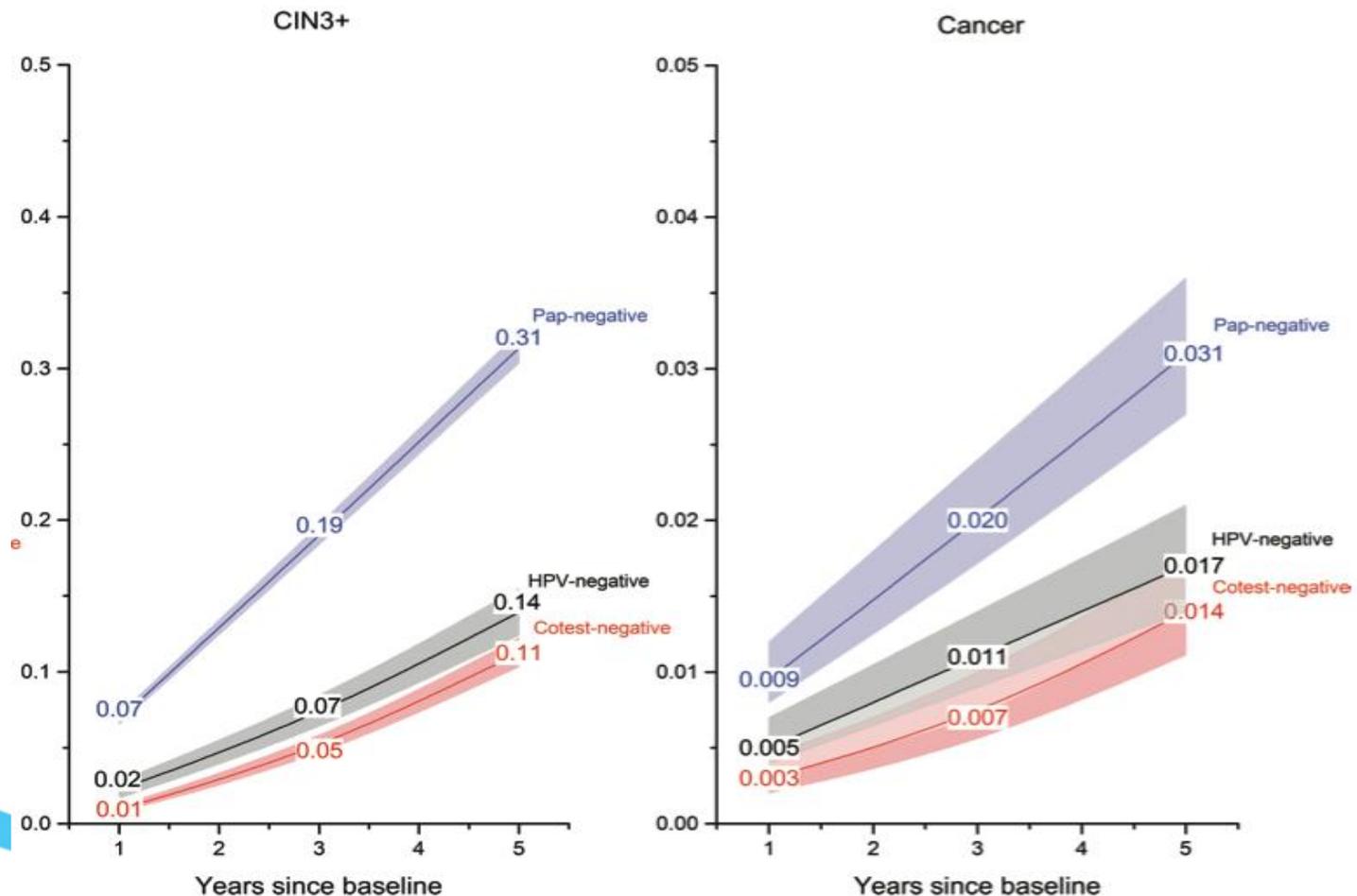
Women > 21 yo, had frequently gynecology exam

N=47,028





# Risk of CIN 3/ Cancer of group with PAP (-),HPV(-) *Kaiser N. California; 1,011,092 women $\geq 30$ yrs*





## Comparison of test's sensitivity

- Systematic review of cohort studies
- Calculation of sensitivity and specificity

	HPV	Cytology
Sensitivity	95% (95% CI:84 -98)	70% (95% CI: 54 – 81)
Specificity	84% (95% CI: 72-91)	95% (95% CI 92 – 97)



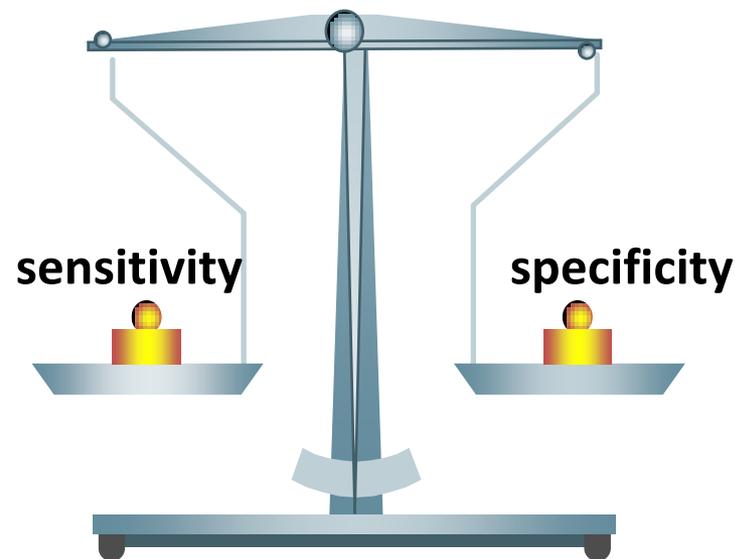
# Cervical cancer screening guidelines: Balancing between benefits versus harm

## Goal:

- Minimal mortality and morbidity

## Optimal strategy should:

- Identify precursors that likely progress to cervical cancer
- Avoid to detection and unnecessary treatment of infections & lesions that are not tendency become cancerous





# How to balance benefits & harm

- Be confident in a negative result
  - Use clinical validated HPV DNA test with internal cellularity control.
- Managing positive result
  - Use proven screening strategies



# Clinical validation of HPV DNA test

- HPV infections are very common, about 80% of sexually active women become infected:
  - Almost of infections do not cause a problem
  - The goal is not identify all of cases of HPV infection
  - The goal is identify infected women who currently have CIN2 of wha are at increased risk of developing of CIN 2 in the future.
- Clinical validation helps to maximizes HPV detections that have clinical relevant and minimize unnecessary intervention



# Internal Cellularity control

31 33 35  
39 45 51  
52 56 58  
59 66 68

16

18



Positive  $\beta$ -globin



**Valid result**

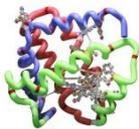
True negative

negative  $\beta$ -globin



**Invalid result**

Avoid false negative result



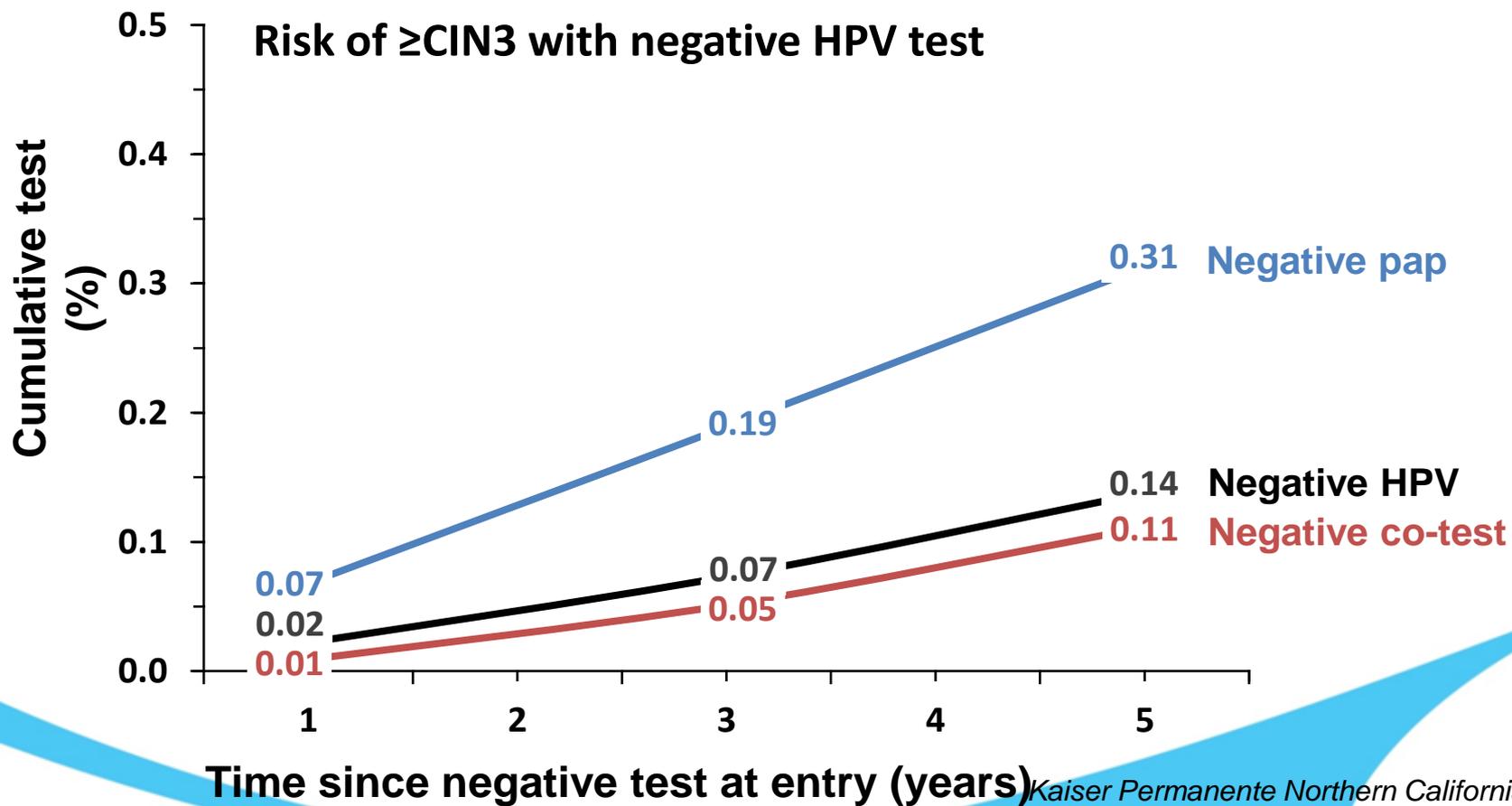
Internal control  
( $\beta$ -globin)

**Internal cellularity control based human  $\beta$ -globin in cobas<sup>®</sup> HPV increases the creditability and reduces false negative results.**



# Risk of CIN 3 with negative test

1,011,092 women aged 30-64 years



Kaiser Permanente Northern California  
1,011,092 phụ nữ 30-64 tuổi



## Conclusion 1

HPV DNA as primary screening offers strong prevention and safety for patients/women



# Patient benefit centric



Preventive & safe



Convenient



Cost effectiveness

Patient  
centric



## Comparing different strategies

- Based on the complete 3 year follow-up data, we evaluated the performance of 3 different screening algorithms in women  $\geq 25$  years
- Evaluated Strategies were:
  - Cytology
  - HPV primary screening with HPV 16/18 genotyping
  - Co-testing\*



## Comparison of strategies for women $\geq 25$ years olds *CIN3+ were identified and colposcopy*

Strategy	Screening tests	CIN3+ at baseline	CIN 3+ Year 1-3	Colposcopy	Colposcopy per CIN3
cytology	45,166	143	36	1,934	10.8
Co-testing	82,994	143	97	3,097	12.9
HPV primary	52,651	197	97	3,769	12.8



## Comparison of screening strategies

### *Value for patients*

Attribute	PAP	Co-testing	HPV Primary
<i>Level of protection</i>	Low	High	High
<b>Cost</b>	<b>1x test</b>	<b>2x tests</b>	<b>1x test</b>
<i>Complexity</i>	High	High	Low
<i>Number of colposcopy</i>	Low	High	High
<i>Interval</i>	Short	Long	Long



## Conclusion 2

HPV DNA primary screening offers cost effectiveness with high protection and long interval for patients/women



# Patient benefit centric



Prevention & safety



Convenience



Cost effectiveness

Patient  
centric

# Coverage of HPV DNA

- Almost O&G hospitals have HPV DNA test
- Effective sample collection system covering nationwide





## Conclusion 3

HPV DNA with high coverage and effective sample collection process that facilitates the accessibility and comfort for patients/women

# HPV DNA highly and widely recommended

special article

## Primary Prevention of Cervical Cancer: American Society of Coloproctology Resource-Strategies

### Hướng dẫn sàng lọc UTCTC của Úc Chương trình Quốc Gia 1/12/2017



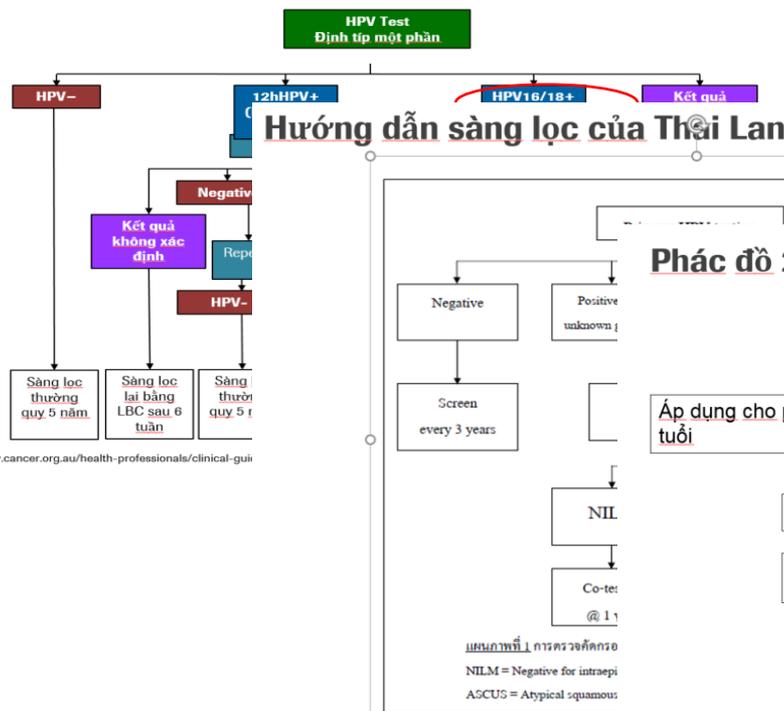
#### Phòng ngừa thứ cấp Khuyến cáo thực hành lâm sàng ASCO

#### Tầm soát đầu tay:

- XN HPV DNA được khuyến cáo
- Quan sát CTC với acid acetic
- Khuyến cáo tuổi và tần suất sau:
  - Điều kiện rất tốt: 25-30 tuổi
  - Điều kiện tốt: 30-40 tuổi
  - Điều kiện giới hạn: 40-45 tuổi
  - Điều kiện cơ bản: 45-65 tuổi

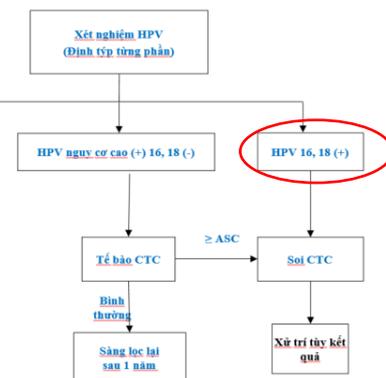
Jerónimo J et al. J Oncol Pract. 2016 Nov 15

<http://www.cancer.org.au/health-professionals/clinical-guidelines>



#### Phác đồ 2B: HPV đầu tay (định tít từng phần)

Áp dụng cho phụ nữ ≥ 25 tuổi



แผนการที่ 1 การตรวจคัดกรอง  
NILM = Negative for intraepithelial  
ASCUS = Atypical squamous



## ASCO Resource Stratified Guidelines for Cervical Cancer Secondary Prevention

	Basic	Limited	Enhanced	Maximal
Screen	HPV DNA test; if not available VIA	HPV DNA test	HPV DNA test	HPV DNA test (Co-testing an option)
Age Range	30-49	30-49	30-65	25-65
Frequency	1-3 screenings per lifetime	Every 10 years	5 years; if negative x2 then 10 years	5 years
Triage	VAT	HPV 16/18 GT or cytology or VAT	HPV 16/18 GT or cytology	HPV 16/18 GT or cytology
Triage (-)	f/u 12 months	f/u 12 months	f/u 12 months	f/u 12 months
Triage (+)	Treat	Colpo or VAT (if Colpo not available)	Colpo	Colpo



## ASCO Resource Stratified Guidelines for Cervical Cancer Secondary Prevention

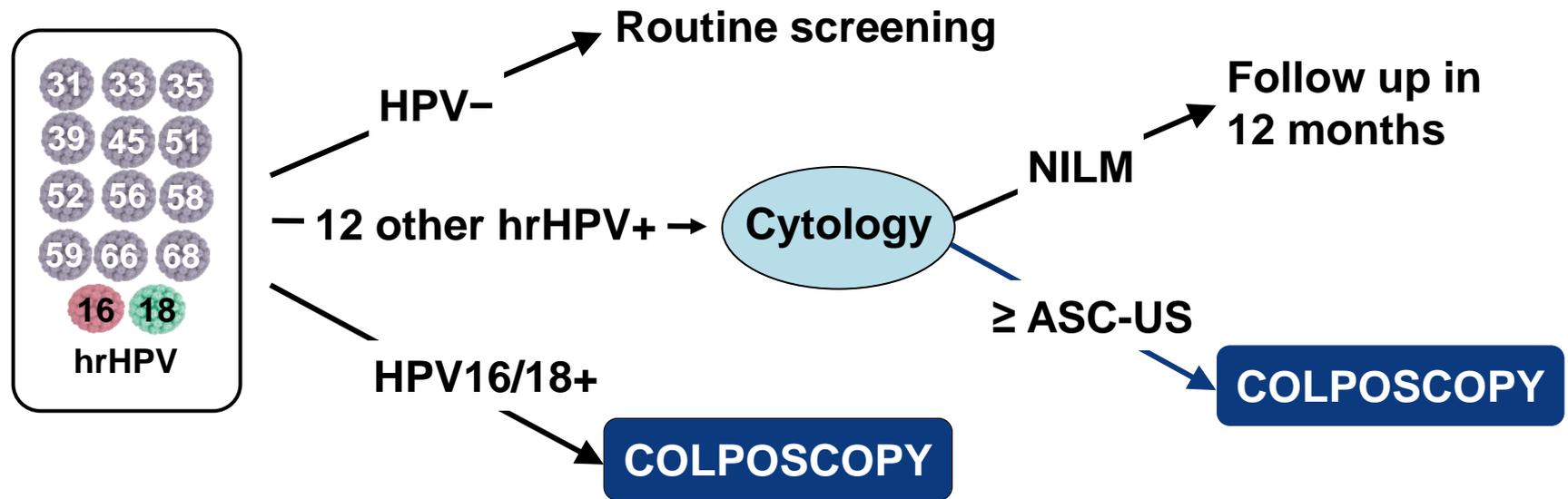
	Basic	Limited	Enhanced	Maximal
Screen	HPV DNA test; if not available VIA	HPV DNA test	HPV DNA test	HPV DNA test (Co-testing an option)
Age Range	30-49	30-49	30-65	25-65
Frequency	1-3 screenings per lifetime	Every 10 years	5 years; if negative x2 then 10 years	5 years
Triage	VAT	HPV 16/18 GT or cytology or VAT	HPV 16/18 GT or cytology	HPV 16/18 GT or cytology
Triage (-)	f/u 12 months	f/u 12 months	f/u 12 months	f/u 12 months
Triage (+)	Treat	Colpo or VAT (if Colpo not available)	Colpo	Colpo

VIA – visual inspection with acetic acid; VAT – visual assessment and treatment

<https://pilotguidelines.atlassian.net/wiki> – accessed 06JUN2017



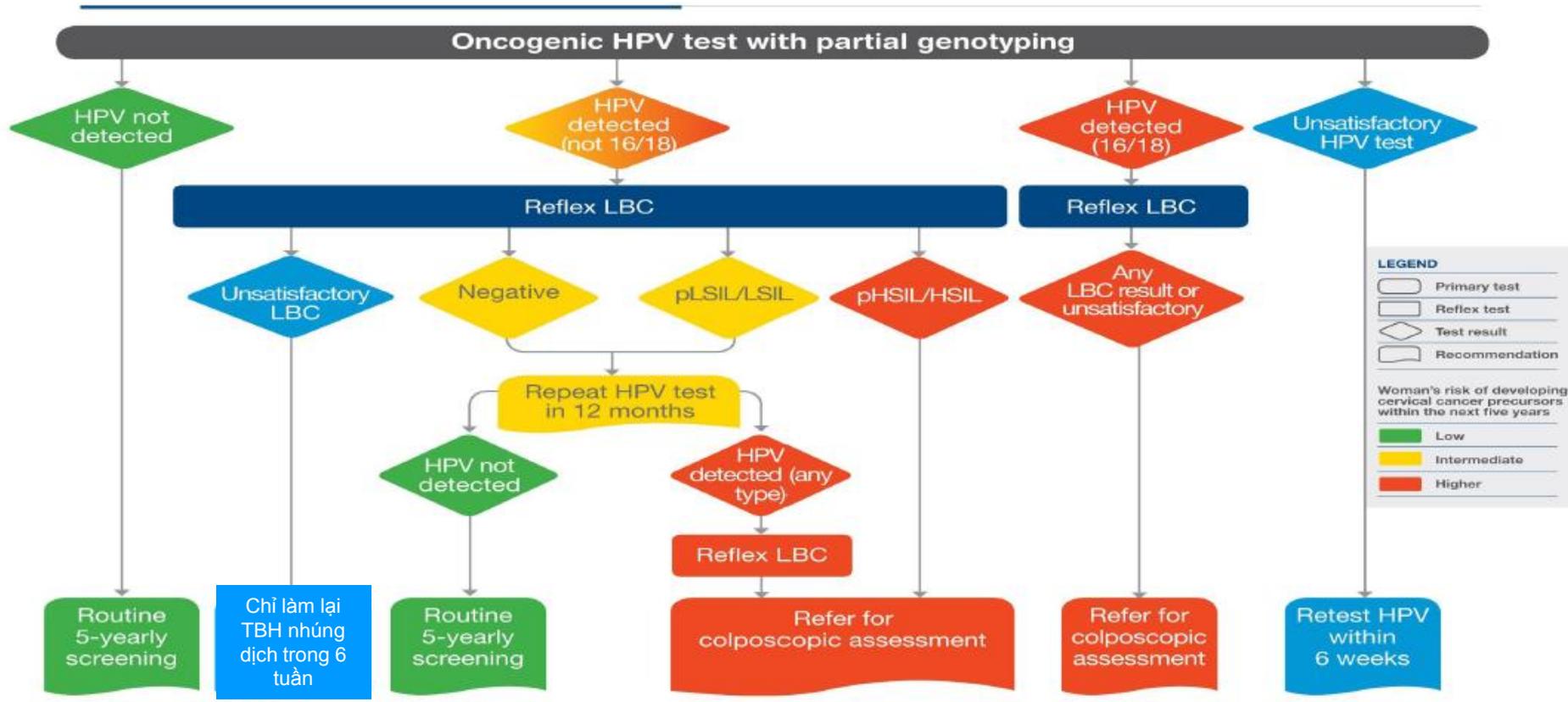
# US HPV Primary Screening Algorithm



hrHPV, high risk HPV



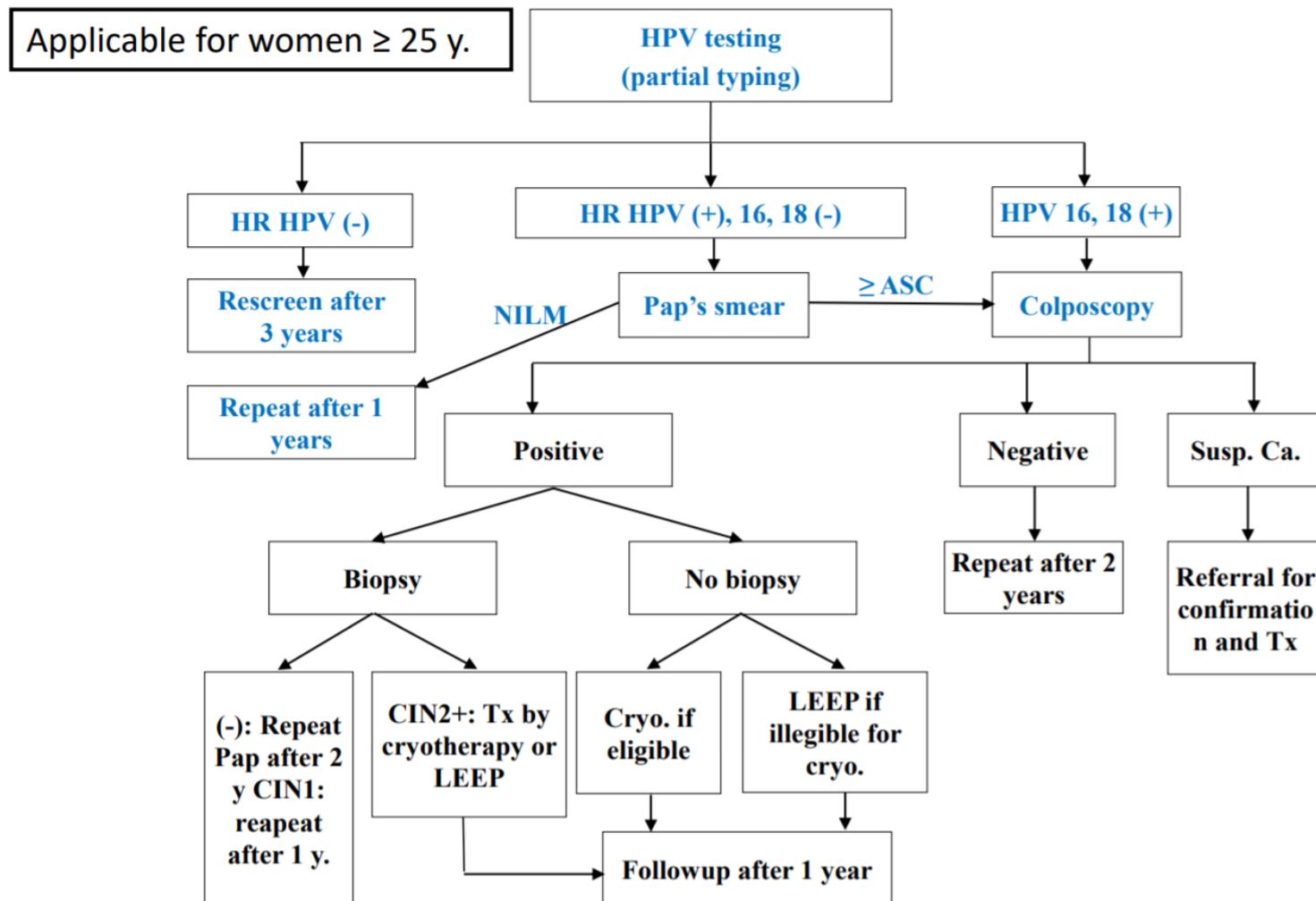
# National program of Australia Starting by HPV



Suggested citation: Cancer Council Australia Cervical Cancer Screening Working Party. Clinical pathway: Cervical screening pathway. National Cervical Screening Program: Guidelines for the management of cancer detected abnormalities, screening in specific populations and investigation of abnormal vaginal bleeding, 2015.



# Vietnam guideline: HPV primary





## National O&G guideline

**Bệnh viện Phụ sản Trung Ương**

**HƯỚNG DẪN**

**Dự phòng và Kiểm soát ung thư cổ tử cung**

**Dự phòng cấp 2**

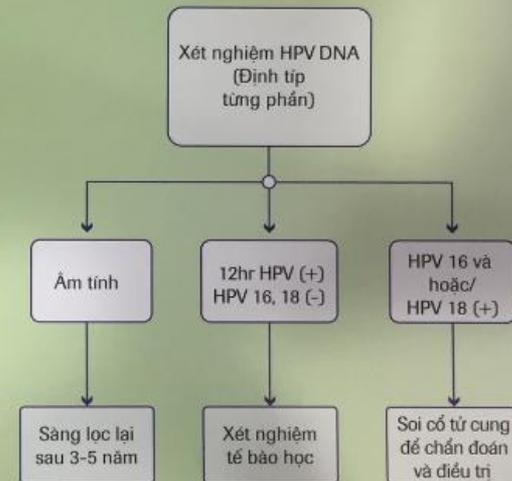
Năm 2017

*Dựa trên Kế hoạch hành động quốc gia về dự phòng và kiểm soát ung thư cổ tử cung giai đoạn 2016 - 2025 đã được Bộ Y tế phê duyệt, Bệnh viện Phụ sản Trung Ương biên soạn Hướng dẫn Dự phòng cấp 2 phù hợp với tình hình thực tế về cơ sở vật chất cũng như các nguồn lực khác sẵn có của bệnh viện.*

### Các phác đồ sàng lọc ung thư cổ tử cung

Phác đồ 2: Sàng lọc dựa vào xét nghiệm HPV (địnhтип từng phần)<sup>4</sup>

- Áp dụng cho phụ nữ từ 25 tuổi trở lên, đã có quan hệ tình dục



\* 12 hr HPV (12 high-risk HPV) 12тип HPV nguy cơ cao khác: 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 66, 68



# Conclusion

- HPV primary screening in cervical cancer screening offers strong prevention and safety, cost effectiveness and convenience for patients/women
- HPV primary screening strategy based on the balance between risks and harm
  - Clinical validated tests with proven longitudinal safety and internal cellularity control
  - Appropriate interval screening
- HPV DNA is becoming popular and convenient for patients/women to access because of high coverage and effective sample collection process.



**BỆNH VIỆN PHỤ SẢN TRUNG ƯƠNG**  
National Hospital of Obstetrics and Gynecology

**Thank you for your attention!**

**CERVICALCANCER  
AWARENESS**

**NEVER GIVE UP!  
JANUARY**