

CMV en France

0,37% *	nouveau-nés infectés	2960/an
12,7%	symptomatiques	376/an
60%	avec déficit cognitif ± auditif	225/an
87,3%	asymptomatiques	2584/an
13,5% **	avec déficit auditif	349/an

Seronegativity

Parity

Seroconversion

50%

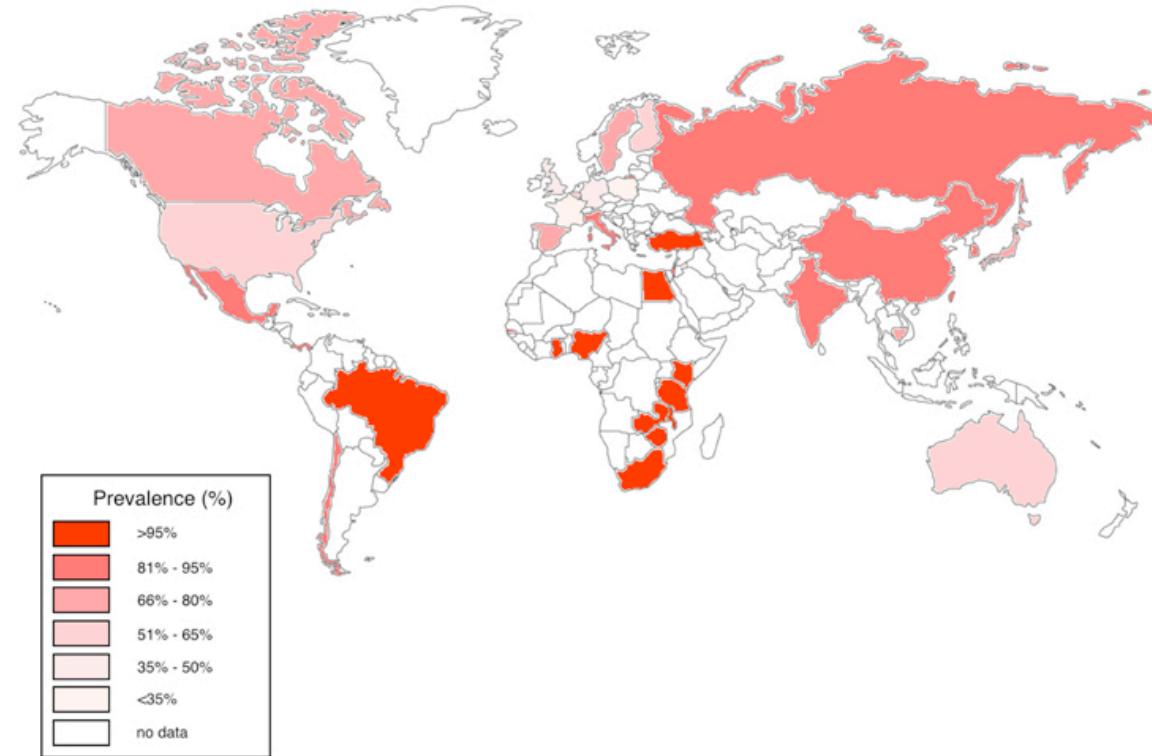
Fetal infection

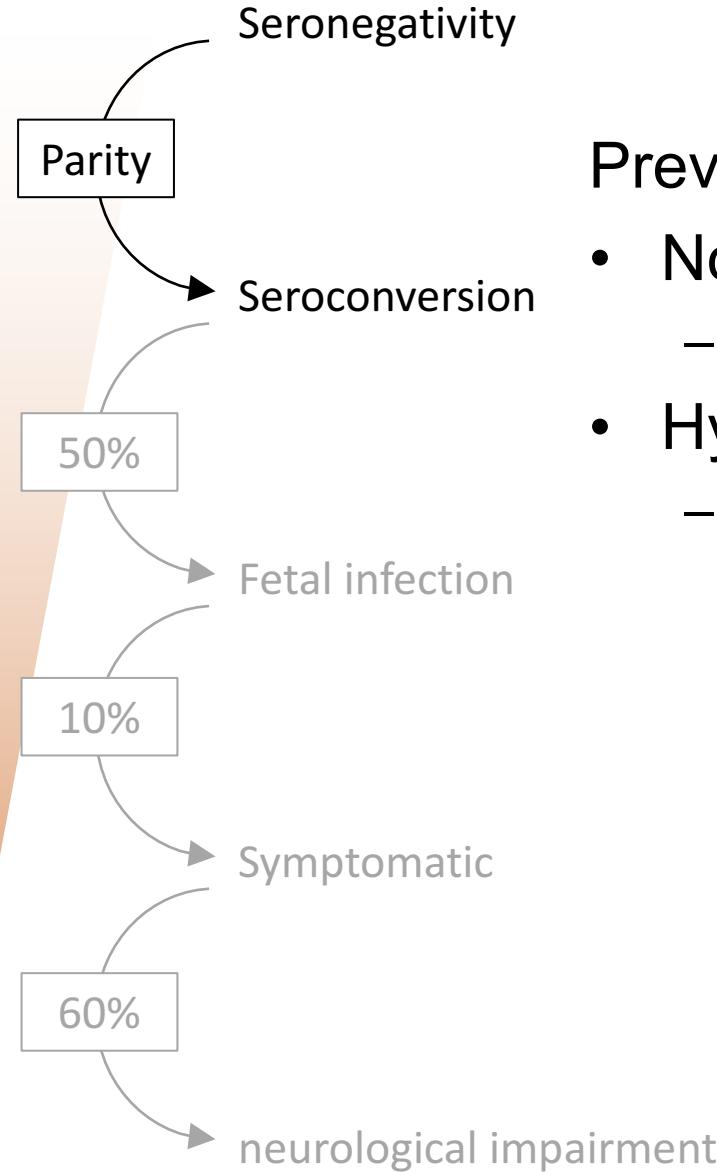
10%

Symptomatic

60%

neurological impairment





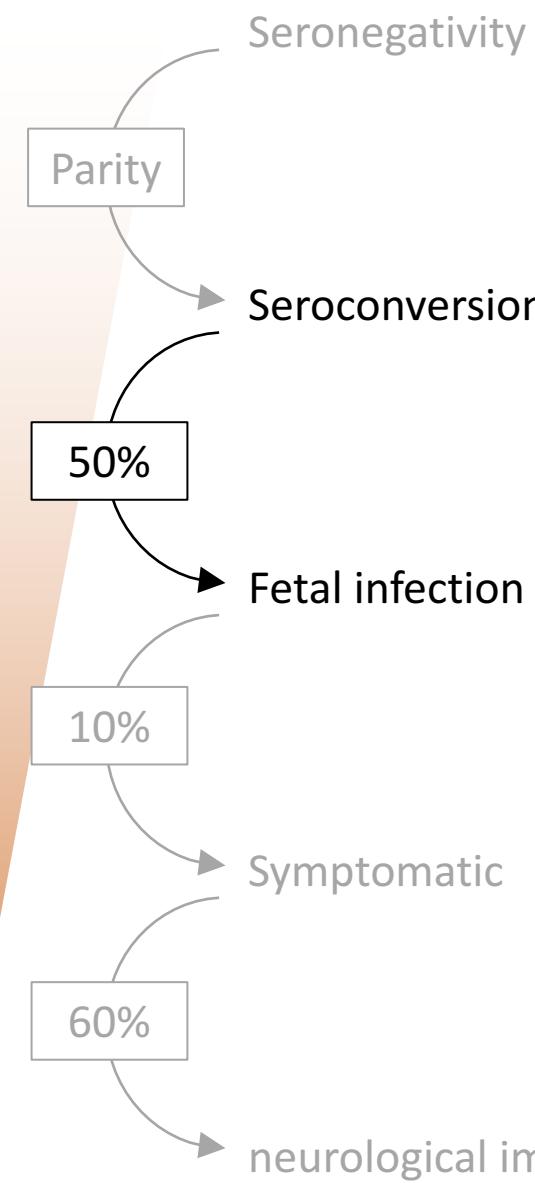
Prevention of seroconversion:

- No vaccine available
 - Best overall efficacy was 50% ¹
- Hygiene and behavioural interventions
 - Logical but uncertain efficacy on seroconversion rate ^{2,3}

¹ Pass RF, N Engl J of Medicine, 2009, 360: 1191-99,

² Adler et al, J Pediatrics, 2004, 145: 485-91,

³ Vauloup-Fellous C, J Clin Virol, 2009, 46: S49-S53



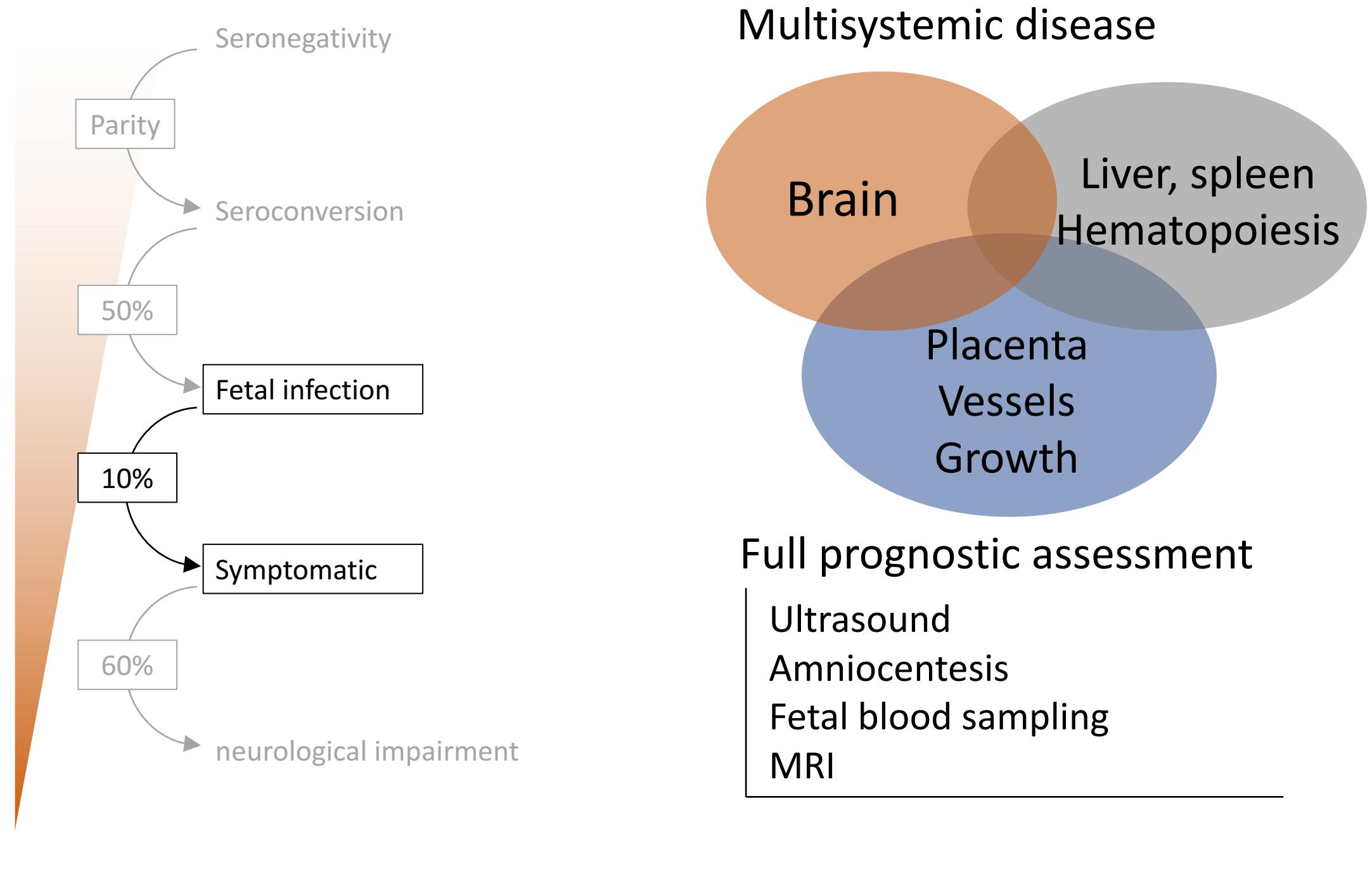
Secondary prophylaxis by Hyperimmune globulin prophylaxis

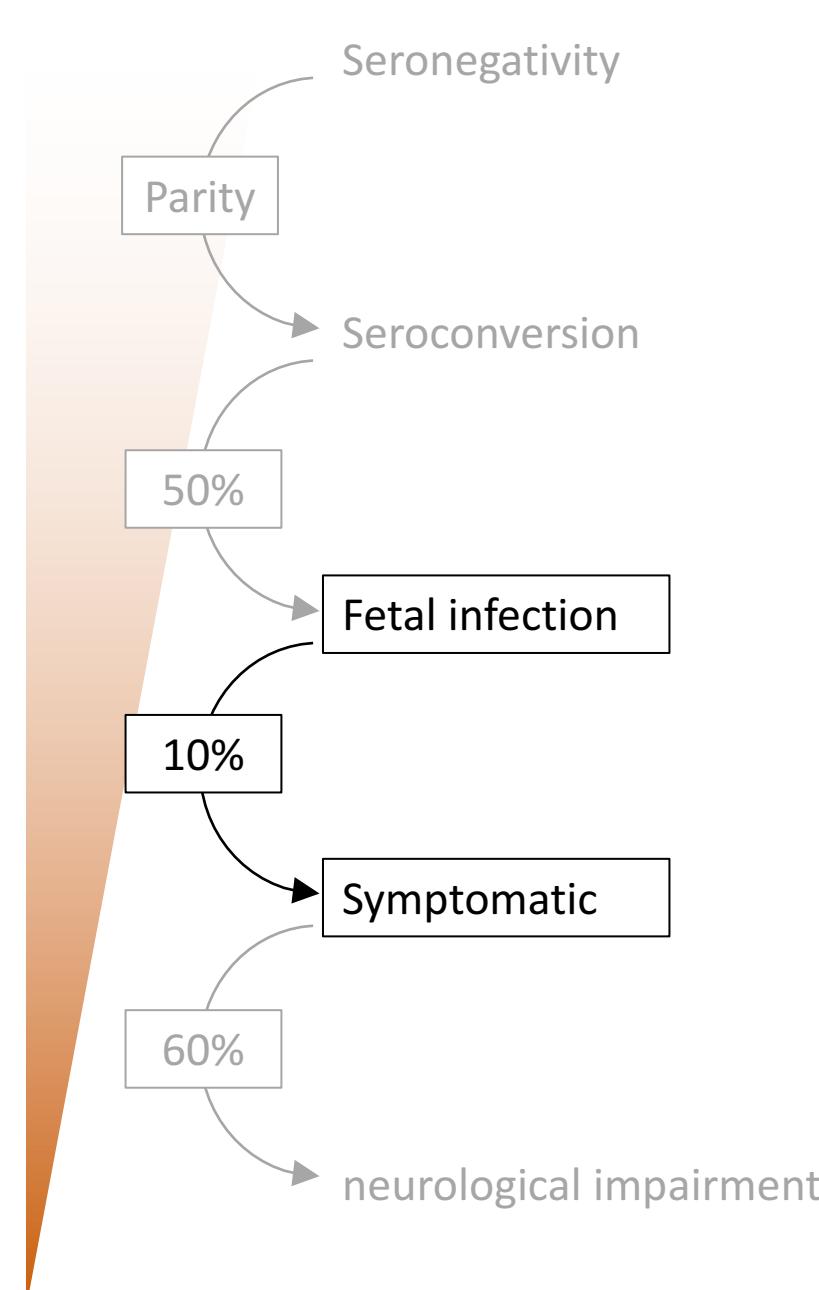
- One exploratory study: Risk reduction / fetal infection of 24%¹
- One randomized, double-blinded, placebo controlled study: NS risk reduction²
- One ongoing trial in the US, adequately sized³

¹ Nigro G, N Engl J of Medicine, 2005, 353: 1350-1362,

² Revello MG, N Engl J of Medicine, 2014, 370: 1316-26

³ NCT01376778





Extracranial imaging

Placentitis
Oligohydramnios / *Polyhydramnios*
Hyperechoic bowel
Meconial peritonitis / Ascites
Liver & Spleen enlargement
Ubiquitous Calcifications
Pericardial / Pleural Effusion
Dilated Myocarditis
Heart Calcifications
Hydrops

Growth Restriction / Small for GA

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Intracranial symptoms imaging

Ventriculomegaly

Parenchymal calcifications

Sub-ependymal Cysts

Calcifications of lenticulostriate v.

Intraventricular septation

Periventricular Hyperechogenicity

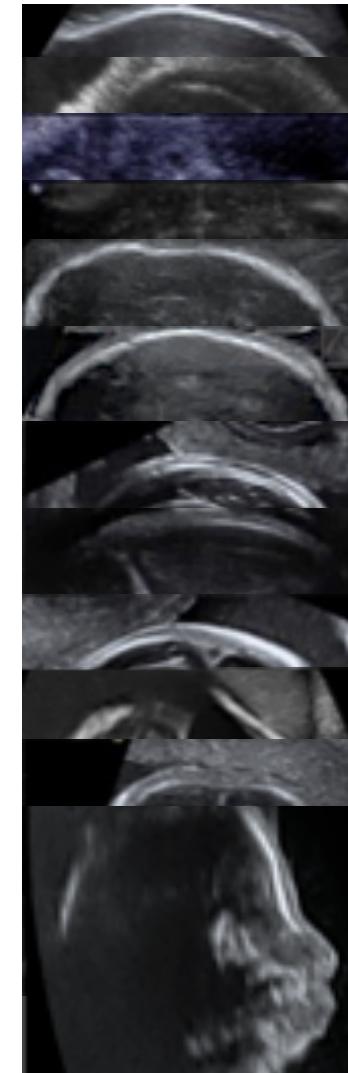
Periventricular cysts

Cystic Periventricular leukomalacia
Abnormal Gyration / Lissencephaly

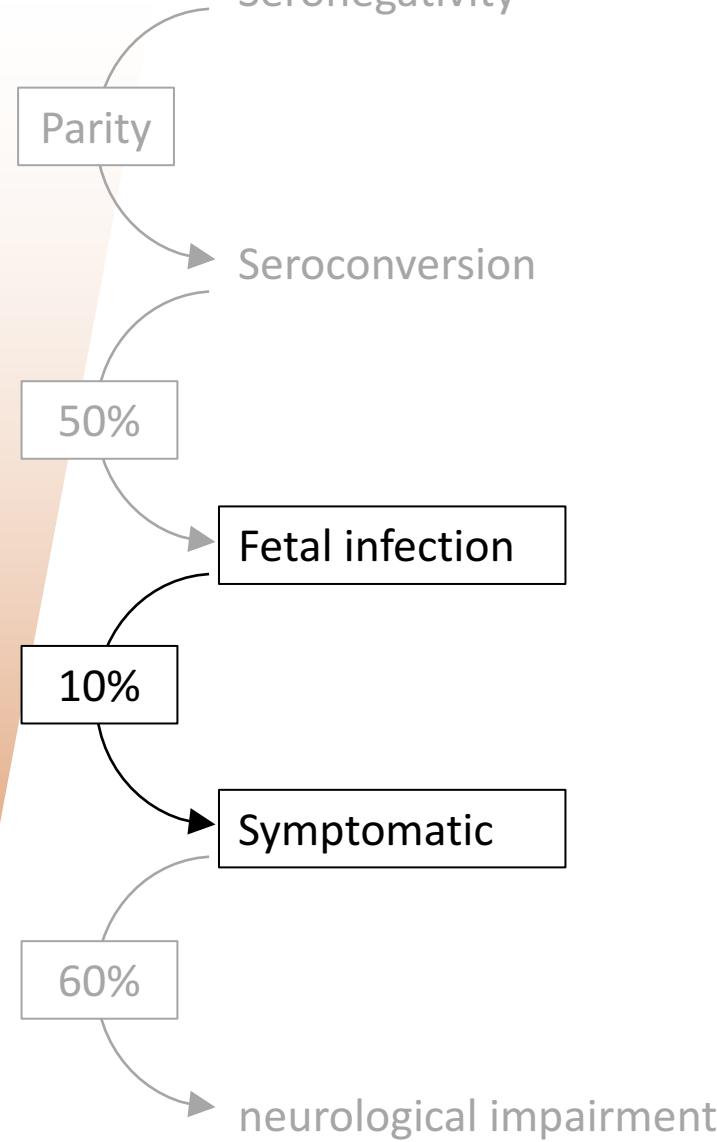
Polymicrogyria

Microencephaly

Microcephaly



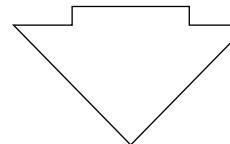
Seronegativity



Symptomatic at birth

Fowler 1992

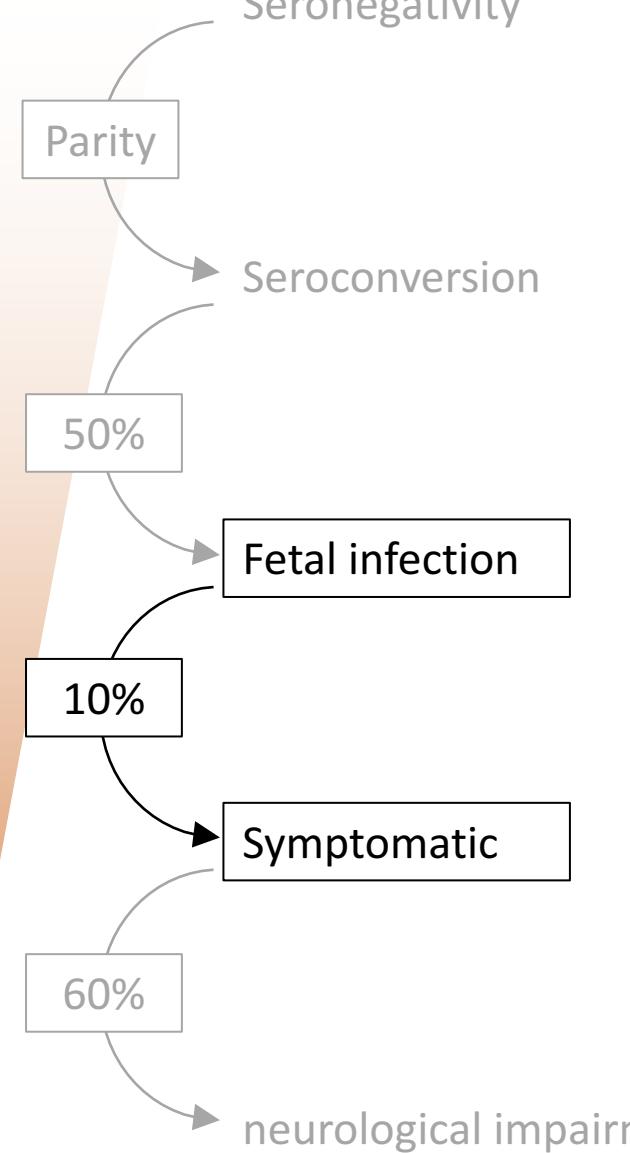
Petechiae
IUGR
Hepato-splenomegaly
Microcephaly
Jaundice



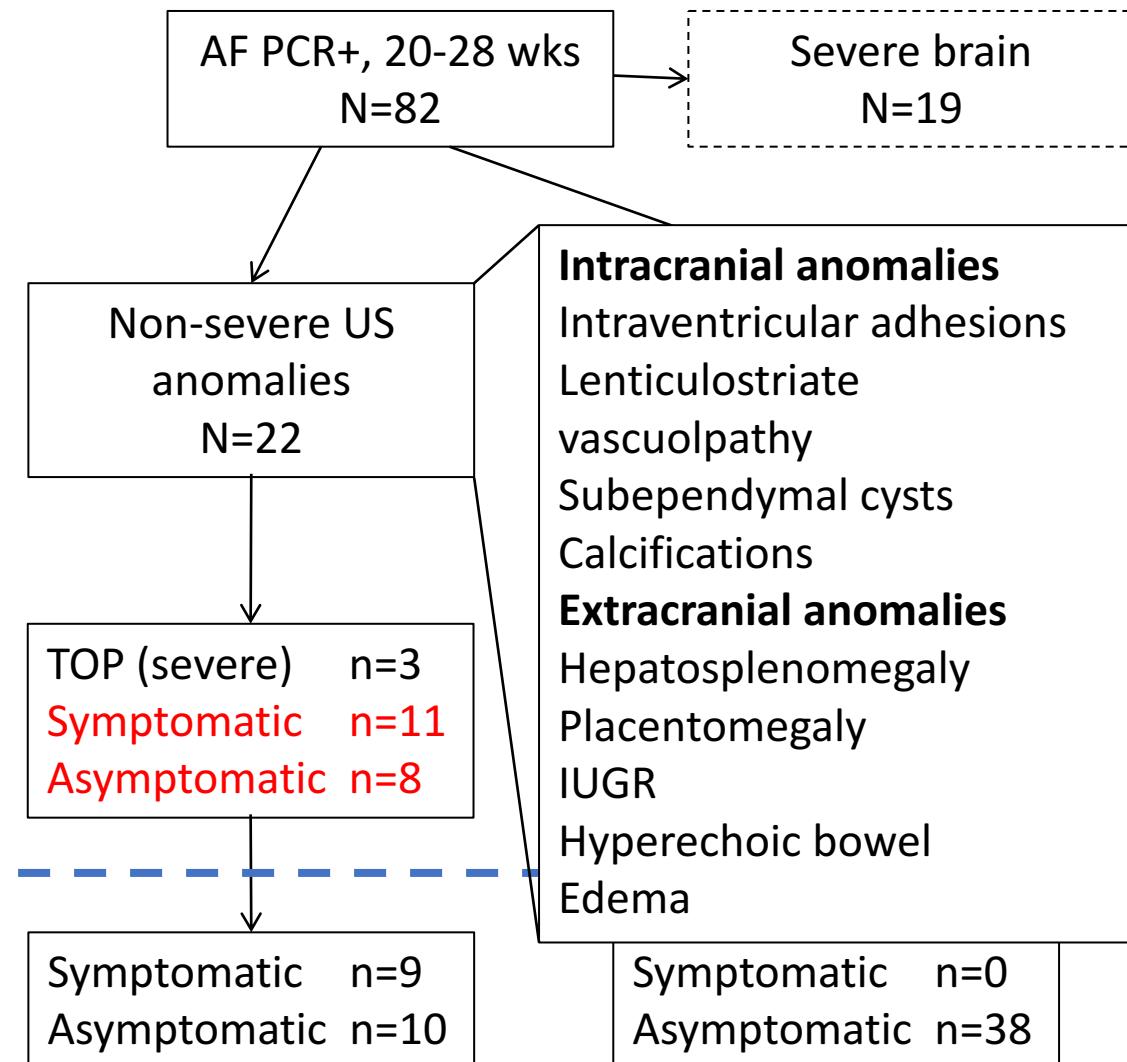
Revised definition

Petechiae
IUGR
Hepato-splenomegaly
Microcephaly
Jaundice
Auditory tests
Platelets/liver tests
Transcranial US

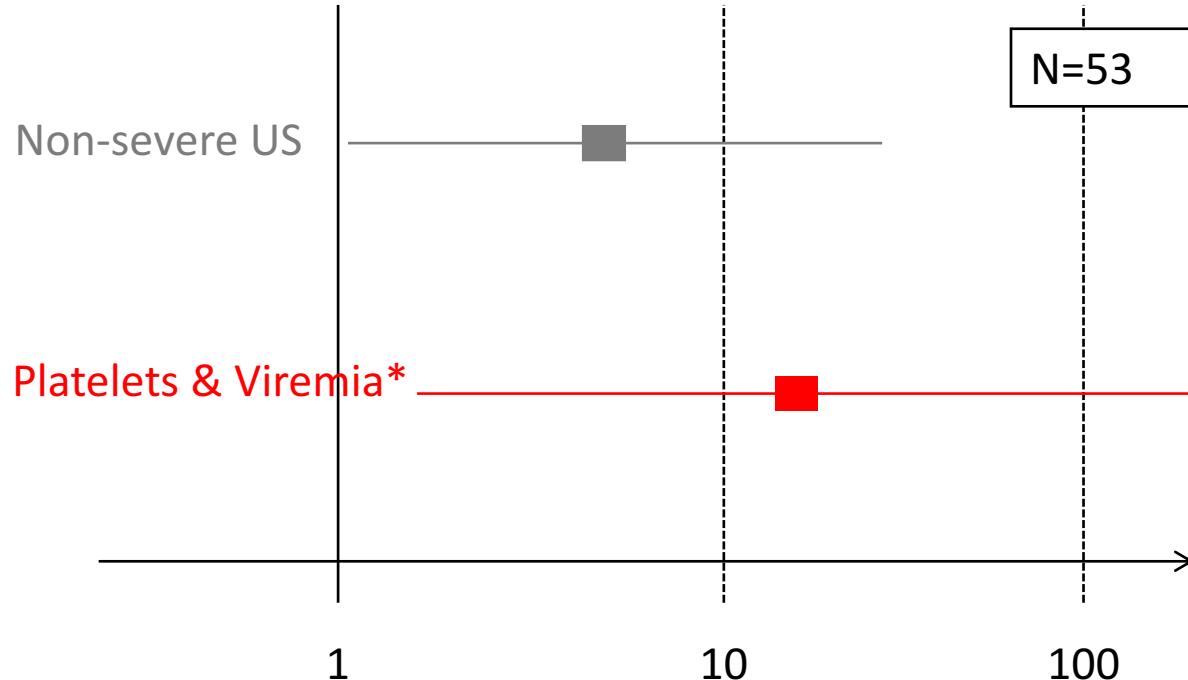
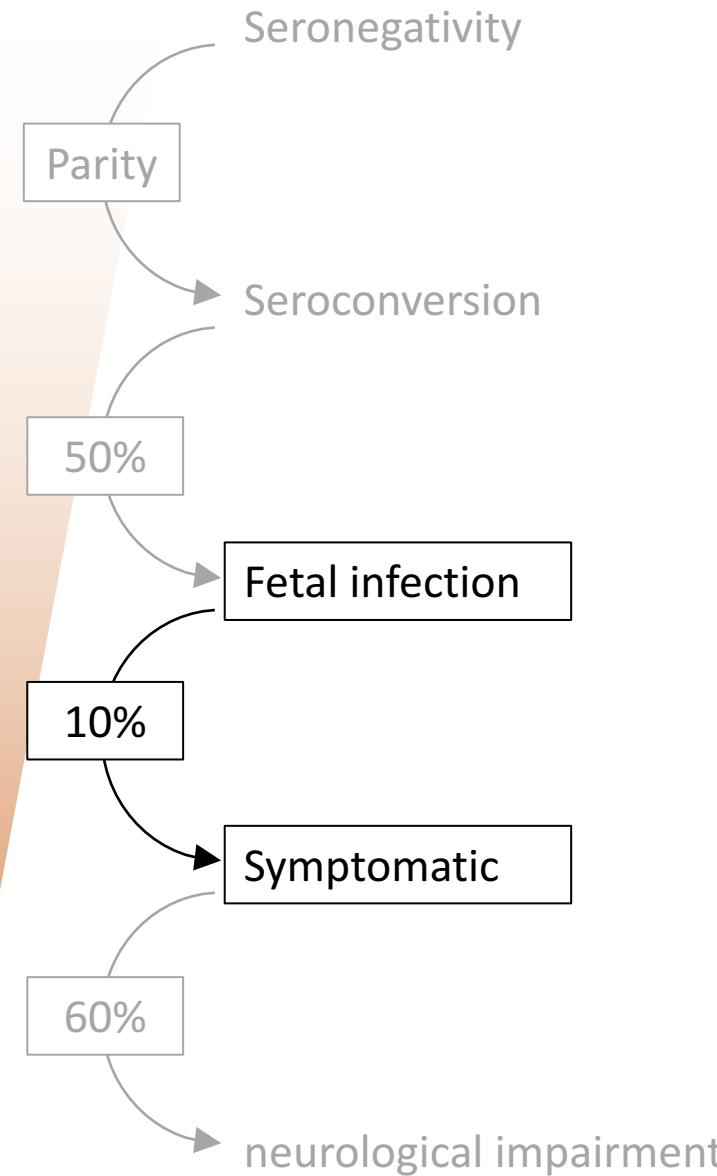
Seronegativity



Symptomatic at birth



Symptomatic at birth Midtrimester assessment



Ultrasound and biology are independant predictors

PPV = 50%

NPV = 100%

*viral load > 5 log or platelets < 115000/mm³

Seronegativity

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10%

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60%

neurological impairment

Who should we treat?

Mid-trimester assessment

AF PCR+

No US anomalies
No FBS anomalies*

Non-severe US
anomalies

No US anomalies
FBS anomalies*

Severe brain
N=19

* High viral load or low platelets

In vitro: ValACV is not the most efficient drug against CMV

But

Clinical efficacy: high valACV dosage (**2gx4/day**) has proved efficient to prevent CMV disease in transplanted patients [Lowance et al, N Engl J Med 1999].

PK/PD [Jacquemard, BJOG 2009]:

Good placental passage, therapeutic fetal concentrations

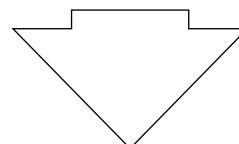
Possible impact on viral load and platelets in infected fetuses

Best safety profile:

No cell transformation, no increase risk of neoplasia in vitro

No association with an increased risk of birth defects in thousand of women exposed in pregnancy [Stone et al, 2004; Pasternak, JAMA, 2010]

Good maternal tolerance



ValACV 2g x 4 / day for > 6 weeks

INCLUSION**Extra-cerebral anomalies**

Intrauterine growth restriction (IUGR)
Abnormal amniotic fluid volume
Ascites and/or pleural effusion
Skin edema
Hydrops
Placentomegaly > 40 mm
Hyperechogenic bowel
Hepatomegaly > 40 mm
Splenomegaly > 30 mm
Liver calcifications

Non-severe cerebral anomalies

Moderate ventriculomegaly (<15 mm)
Isolated cerebral calcifications
Isolated intraventricular adhesion
Calcifications of lenticulate vessels

Biological anomalies

Fetal viremia > 3000 copies/ml
Fetal platelets < 100 000/mm³

EXCLUSION**Severe cerebral anomalies**

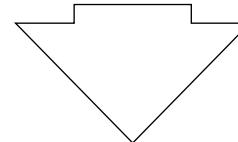
Ventriculomegaly ≥ 15mm
Hydrocephalus
Microcephaly (HC<3SD)
Megacysterna magna >10 mm
Vermian hypoplasia
Porencephaly
Lissencephaly
Abnormal corpus callosum

Contra-indication to ValACV

Primary outcome: symptomatic at birth

Fowler 1992

Petechiae
IUGR
Hepato-splenomegaly
Microcephaly
jaundice



Revised definition

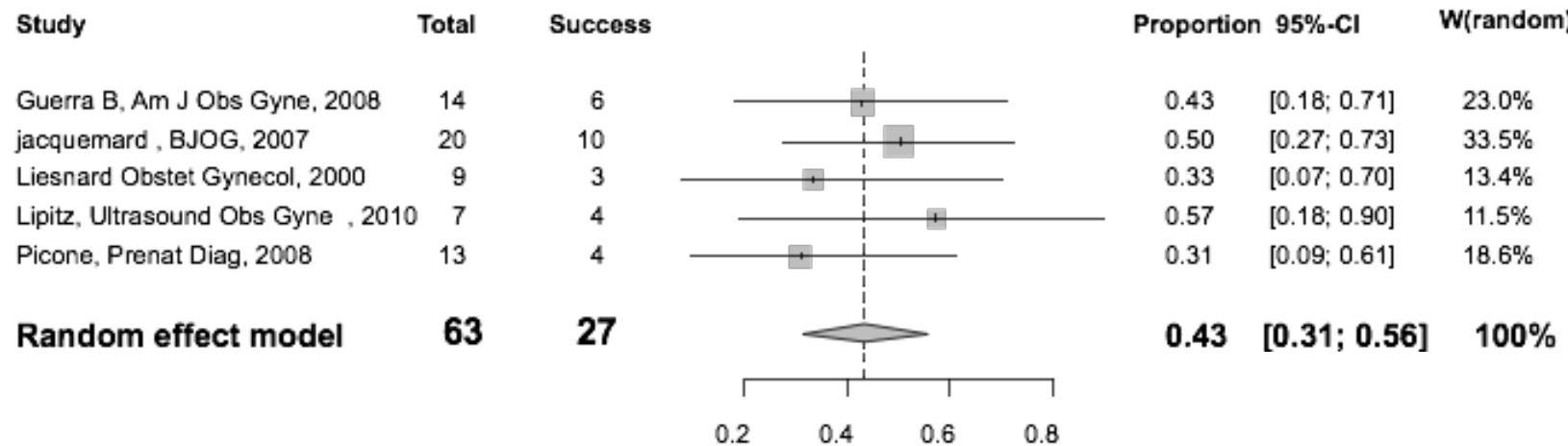
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Double-blinded placebo-controlled RCT

ValACV vs. placebo in moderately
symptomatic infected fetuses

Failed because women refused
the possibility of placebo

Phase 2 design: to test the effect of ValACV against a plausible estimate



P0 = non acceptable proportion of asymptomatic infants < 60%

P1 = acceptable proportion of asymptomatic infants $\geq 80\%$

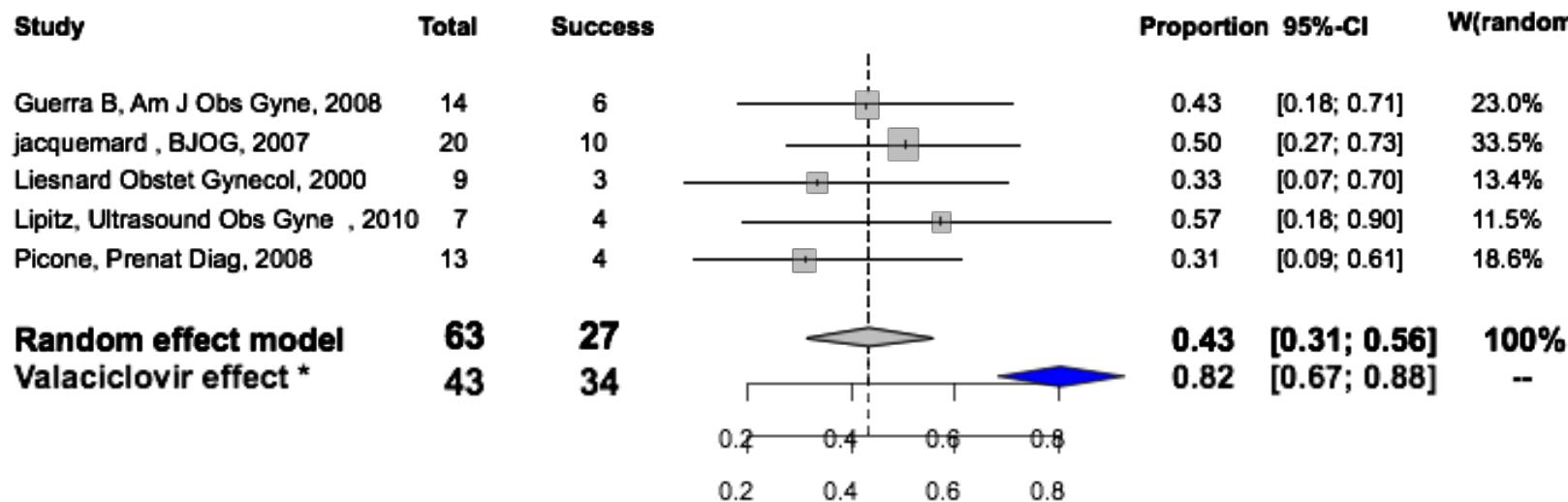
2-step Simon design ($\alpha=5\%$, Power=80%):

First step: 11 cases

If at least 7 / asymptomatic, continue up to 43 cases

Characteristics	Median [Interquartile range] or (%)
Women (N=41)	
Parity ≥ 1	30 (73.2)
Gestational age at primary infection (wks)	10 [7.8–16.2]
Gestational age at inclusion (wks)	25.9 [24.1–31.7]
Interval between primary infection and inclusion (wks)	16 [12.3–18.6]
Fetuses (N=43)	
Fetal blood CMV DNA load > 3000 copies/mL	3 (7)
Fetal growth restriction no. (%)	3 (7)
Abnormal amount of amniotic fluid no. (%)	3 (7)
Ascites and/or pleural effusion no. (%)	1 (2.3)
Placentomegaly no. (%)	13 (30.2)
Hyperechogenic bowel n (%)	25 (58.1)
Hepatomegaly no. (%)	6 (14)
Splenomegaly no. (%)	9 (20.9)
Liver calcification no. (%)	1 (2.3)
Moderate cerebral abnormality n (%)	5 (11.6)

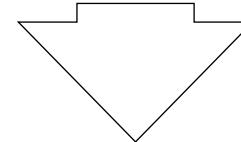
	First Step	Second Step
Outcome		
Asymptomatic neonates	8	34
Symptomatic neonates or TOP	3	9
Total	11	43



ValACV is a potential effective therapy in moderately symptomatic fetuses

Cymeval 2: limitations

1. ValACV is not the best antiviral drug
2. Non-randomized
3. Over-estimation of severity?



Cymeval 3

Randomize ValACV vs ValGanciclovir
Fetuses with at least 2 symptoms